

1 - 1.ª Jornada / Sessão Única - Sexta-feira

06/03/2020 - 19:15

Prova 1 Absoluto
06/03/2020 - 19:15 Resultados

Tempo	Nome	Clube	Local	Data
5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
5:20.63	QUINTAL, Fabiana Maria	CDN	Funchal	01/03/2001
5:14.13	FERNANDES, Isabel Catarina	CNF	Funchal	17/06/2006
5:20.04	FERREIRA, Maria Leonor	CDN	Funchal	13/07/2019
5:19.80	SOUSA, Susana Margarida	CFU	Funchal	27/06/1991
5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

TAC Nacionais Inf B: 6:03.61; Inf A: 5:46.71; Juv B: 5:30.74; Juv A: 5:23.44; Jun16: 5:17.82; Jun17: 5:16.24; Sen18: 5:07.90;
19 +: 5:06.36 / TAC Zonais Inf B: 6:23.00; Inf A: 6:03.50

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
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Infantis B, 12 anos

1.	ANDRADE, Matilde Sousa	08	Naval do Funchal	6:06.78	351
<i>Minimos Campeonato Zonal - Infantis</i>					
	50m: 38.78 38.78	150m: 2:12.89	47.77	250m: 3:51.69	51.82
	100m: 1:25.12 46.34	200m: 2:59.87	46.98	300m: 4:44.30	52.61
				350m: 5:26.90	42.60
				400m: 6:06.78	39.88
2.	ALVES, Juliana Rodrigues	08	Desportivo Nacional	6:17.27	323
<i>Minimos Campeonato Zonal - Infantis</i>					
	50m: 39.32 39.32	150m: 2:15.18	48.71	250m: 3:56.72	53.12
	100m: 1:26.47 47.15	200m: 3:03.60	48.42	300m: 4:50.59	53.87
				350m: 5:34.77	44.18
				400m: 6:17.27	42.50
3.	ROCHA, Vitoria Maria	08	Salesianos do Funchal	7:04.87	226
	50m: 52.50 52.50	150m: 2:43.96	49.82	250m: 4:32.53	57.80
	100m: 1:54.14 1:01.64	200m: 3:34.73	50.77	300m: 5:29.70	57.17
				350m: 6:18.11	48.41
				400m: 7:04.87	46.76

Infantis A, 13 anos

1.	MATEUS, Clarisse Vieira	07	Desportivo Nacional	6:23.03	308
	50m: 42.45 42.45	150m: 2:22.51	48.36	250m: 4:00.33	51.24
	100m: 1:34.15 51.70	200m: 3:09.09	46.58	300m: 4:53.22	52.89
				350m: 5:39.52	46.30
				400m: 6:23.03	43.51

Juvenis B, 14 anos

1.	COSTA, Maria Jardim	06	Desportivo Nacional	5:20.50	527
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>					
	50m: 34.08 34.08	150m: 1:53.75	40.02	250m: 3:18.81	46.07
	100m: 1:13.73 39.65	200m: 2:32.74	38.99	300m: 4:05.63	46.82
				350m: 4:43.86	38.23
				400m: 5:20.50	36.64
2.	DIAS, Julia Alves	06	Desportivo Nacional	5:30.09	482
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>					
	50m: 35.01 35.01	150m: 1:57.11	41.67	250m: 3:26.54	48.89
	100m: 1:15.44 40.43	200m: 2:37.65	40.54	300m: 4:14.09	47.55
				350m: 4:53.00	38.91
				400m: 5:30.09	37.09
3.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	5:34.52	463
	50m: 36.26 36.26	150m: 2:02.24	43.85	250m: 3:31.33	46.78
	100m: 1:18.39 42.13	200m: 2:44.55	42.31	300m: 4:19.55	48.22
				350m: 4:57.53	37.98
				400m: 5:34.52	36.99
4.	SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	5:46.80	416
	50m: 35.42 35.42	150m: 2:04.90	43.62	250m: 3:37.39	49.22
	100m: 1:21.28 45.86	200m: 2:48.17	43.27	300m: 4:26.02	48.63
				350m: 5:06.69	40.67
				400m: 5:46.80	40.11

Prova 1, Femin., 400m Estilos

Juniores, 16 e 17 anos

1. FERREIRA, Maria Leonor	04	Desportivo Nacional	5:14.87	556							
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>											
50m:	34.05	34.05	150m:	1:52.88	39.07	250m:	3:16.23	45.48	350m:	4:38.91	37.00
100m:	1:13.81	39.76	200m:	2:30.75	37.87	300m:	4:01.91	45.68	400m:	5:14.87	35.96

Prova 2

Masc., 400m Estilos

Absoluto
Resultados

06/03/2020 - 19:23

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	4:38.48	ALVES, Paulo Rodrigues	CDN	Leiria	15/12/2019
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

TAC Nacionais Inf B: 5:41.48; Inf A: 5:20.42; Juv B: 5:02.59; Juv A: 4:55.34; Jun17: 4:46.65; Jun18: 4:45.22; Sen19: 4:39.12; 20+: 4:37.73 / TAC Zonais Inf B: 5:50.00; Inf A: 5:35.00

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
Infantis B, 13 anos			
1. OLIVEIRA, Afonso Miguel	07 Salesianos do Funchal	6:01.58	276
50m:	39.28 39.28	150m:	2:10.01 45.60
100m:	1:24.41 45.13	200m:	2:54.76 44.75
250m:	3:46.34 51.58	350m:	5:21.15 42.52
300m:	4:38.63 52.29	400m:	6:01.58 40.43
2. COSTA, Guilherme Corte	07 Desportivo Nacional	6:06.45	265
50m:	37.24 37.24	150m:	2:11.01 48.98
100m:	1:22.03 44.79	200m:	2:58.68 47.67
250m:	3:50.27 51.59	350m:	5:25.21 42.03
300m:	4:43.18 52.91	400m:	6:06.45 41.24
3. ALVES, Diogo Basilio	07 Salesianos do Funchal	6:34.40	212
50m:	43.22 43.22	150m:	2:25.55 48.89
100m:	1:36.66 53.44	200m:	3:13.55 48.00
250m:	4:09.34 55.79	350m:	5:51.80 44.32
300m:	5:07.48 58.14	400m:	6:34.40 42.60
4. VIEIRA, Luis Henrique	07 Desportivo Nacional	7:12.00	162
50m:	44.09 44.09	150m:	2:34.14 57.44
100m:	1:36.70 52.61	200m:	3:28.57 54.43
250m:	4:32.68 1:04.11	350m:	6:24.21 49.68
300m:	5:34.53 1:01.85	400m:	7:12.00 47.79
DSQ FERNANDES, Afonso Berimbau	07 Salesianos do Funchal		
<i>613 - Efectuou deslizamento ap�s conclus�o da bra�ada na viragem aos 125 m - SW 6.4</i>			
DSQ NUNES, Duarte Costa	07 Salesianos do Funchal		808
<i>Movimento alternado de bra�os durante o percurso de mariposa</i>			

Infantis A, 14 anos

1. PAULOS, Joao Afonso	06	Naval do Funchal	5:22.91	387	
<i>Minimos Campeonato Zonal - Infantis</i>					
50m:	33.31 33.31	150m:	1:54.94 42.35	250m:	3:22.76 45.86
100m:	1:12.59 39.28	200m:	2:36.90 41.96	300m:	4:10.49 47.73
350m:	4:47.58 37.09	400m:	5:22.91 35.33		
2. FERRAZ, Luis Afonso	06	Naval do Funchal	5:38.19	337	
50m:	35.08 35.08	150m:	1:58.78 43.67	250m:	3:31.82 50.90
100m:	1:15.11 40.03	200m:	2:40.92 42.14	300m:	4:23.17 51.35
350m:	5:01.70 38.53	400m:	5:38.19 36.49		
3. TEMES, Joao Caires	06	Salesianos do Funchal	6:38.45	206	
50m:	42.91 42.91	150m:	2:28.90 51.78	250m:	4:13.88 55.73
100m:	1:37.12 54.21	200m:	3:18.15 49.25	300m:	5:10.78 56.90
350m:	5:56.12 45.34	400m:	6:38.45 42.33		

Prova 2, Masc., 400m Estilos

Juvenis B, 15 anos

1. GOUVEIA, Luis Galvao	05	Desportivo Nacional	4:45.23	562							
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>											
50m:	30.04	30.04	150m:	1:42.16	37.63	250m:	2:58.65	40.16	350m:	4:12.26	33.72
100m:	1:04.53	34.49	200m:	2:18.49	36.33	300m:	3:38.54	39.89	400m:	4:45.23	32.97

Juvenis A, 16 anos

1. ALVES, Paulo Rodrigues	04	Desportivo Nacional	4:42.89	576							
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>											
50m:	29.31	29.31	150m:	1:41.03	37.37	250m:	2:58.25	40.77	350m:	4:10.10	32.55
100m:	1:03.66	34.35	200m:	2:17.48	36.45	300m:	3:37.55	39.30	400m:	4:42.89	32.79

Juniores, 17 e 18 anos

1. RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	4:44.47	567							
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>											
50m:	30.85	30.85	150m:	1:42.77	36.48	250m:	2:59.73	41.11	350m:	4:14.05	32.47
100m:	1:06.29	35.44	200m:	2:18.62	35.85	300m:	3:41.58	41.85	400m:	4:44.47	30.42

Prova 3

Femin., 200m Livres

Absoluto
Resultados

06/03/2020 - 19:39

Recorde Regional Absoluto	2:07.77	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Sen	2:07.77	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Jun17	2:10.62	ABREU, Laura Catarina	CDWT	Funchal	19/11/2016
Recorde Regional Jun16	2:09.59	AGUILAR, Vera Ines	CDN	Funchal	29/07/2016
Recorde Regional Juv A	2:09.23	ABREU, Laura Catarina	CDN	Funchal	10/07/2015
Recorde Regional Juv B	2:11.89	ANDRADE, Rubina Amaro	CDN	Algés	26/02/1993
Recorde Regional Inf A	2:14.71	CAIRES, Joana Costa	CNF	Sines	13/03/2011
Recorde Regional Inf B	2:23.45	ABREU, Laura Catarina	CDN	Funchal	13/07/2012

TAC Nacionais Inf B: 2:33.75; Inf A: 2:21.88; Juv B: 2:17.82; Juv A: 2:15.71; Jun16: 2:11.97; Jun17: 2:11.32; Sen18: 2:08.45; 19+: 2:07.81 / TAC Zonais Inf B: 2:38.00; Inf A: 2:31.00

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
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Infantis B, 12 anos

1. SILVA, Carolina Pestana	08	Naval do Funchal	2:54.20	254	39.76	45.31	45.70	43.43
2. PEREIRA, Maria Clara	08	Salesianos do Funchal	3:02.00	223	42.12	47.74	46.22	45.92
3. ALVES, Margarida Jesus	08	Desportivo Nacional	3:08.55	200	42.18	48.49	49.44	48.44
4. PEREIRA, Sofia Jardim	08	Desportivo Nacional	3:22.53	162	46.17	53.36	54.02	48.98
5. NOBREGA, Sara Francisc	08	Desportivo Sao Roque	3:30.78	143	47.32	56.35	55.94	51.17

Infantis A, 13 anos

1. RODRIGUES, Laura Sofia	07	Salesianos do Funchal	2:26.36	429	33.78	36.87	37.97	37.74
<i>Minimos Campeonato Zonal - Infantis</i>								
2. CAMARA, Ines Cruz	07	Desportivo Nacional	2:28.15	414	33.90	37.72	38.78	37.75
<i>Minimos Campeonato Zonal - Infantis</i>								
3. GONCALVES, Valentina J	07	Desportivo Nacional	2:33.34	373	34.91	38.56	40.41	39.46
4. FIGUEIRA, Madalena Leor	07	Naval do Funchal	2:42.52	313	35.43	41.72	43.76	41.61
5. RODRIGUES, Beatriz Men	07	Naval do Funchal	3:02.73	220	40.63	46.35	48.04	47.71
6. RONDON, Maria Vitoria	07	Maritimo	3:09.67	197	42.16	48.05	51.09	48.37
7. RODRIGUES, Ines Costa	07	Desportivo Nacional	3:18.08	173	44.59	53.78	52.26	47.45
8. GOUVEIA, Ines Mendes	07	Salesianos do Funchal	3:21.65	164	46.63	52.86	53.12	49.04

Prova 3, Femin., 200m Livres

Juvenis B, 14 anos

1. FREITAS, Margarida Ram06	Desportivo Nacional	2:21.44	475	32.14	36.13	37.17	36.00
2. DEUS, Ines Portugal 06	Naval do Funchal	2:21.78	472	32.50	35.84	36.77	36.67
3. CANADA, Maria Elvira 06	Desportivo Nacional	2:26.66	426	33.60	37.64	38.50	36.92
4. FREITAS, Beatriz Rodrigu06	Naval do Funchal	2:27.42	420	33.26	36.91	38.61	38.64
5. FERRO, Maria Leonor 06	Naval do Funchal	2:28.15	414	34.11	37.92	39.07	37.05
6. PEREIRA, Joana Marques06	Salesianos do Funchal	2:30.15	397	34.19	38.32	39.48	38.16
7. CARICHAS, Joana Medeir06	Salesianos do Funchal	2:32.62	378	34.08	39.23	40.34	38.97
8. ROVERI, Isabel Vasconce06;	Naval do Funchal	2:34.28	366	35.43	39.28	40.05	39.52

Juvenis A, 15 anos

1. ARAUJO, Maria Clara 05	Naval do Funchal	2:16.51	529	31.69	35.21	35.09	34.52
2. NASCIMENTO, S. 05	Naval do Funchal	2:19.39	497	32.07	35.45	35.69	36.18
3. ABREU, Maria Eduarda 05	Desportivo Nacional	2:32.12	382	35.51	38.48	39.65	38.48
4. LUIS, Mariana Capelo 05	Salesianos do Funchal	2:42.11	316	35.26	41.02	43.39	42.44
5. BARROS, Ana Carolina 05	Salesianos do Funchal	2:47.80	285	37.48	43.37	44.14	42.81
6. CARDOSO, Isabel Maria 05	Maritimo	2:48.03	283	39.10	42.99	43.50	42.44
7. SILVA, Maria Fabiana 05	Desportivo Nacional	2:48.88	279	37.35	43.86	45.23	42.44
8. VIEIRA, Sara Patricia 05	Maritimo	3:05.43	211	42.44	46.84	49.12	47.03

Juniores, 16 e 17 anos

1. RAMOS, Barbara Emerick 04	Salesianos do Funchal	2:23.99	451	33.34	36.58	37.06	37.01
2. JESUS, Filipa Mafalda 03	Desportivo Sao Roque	2:27.65	418	33.40	37.48	39.03	37.74
3. LECA, Natasha Maria 03	Desportivo Nacional	2:29.24	405	34.05	37.44	39.38	38.37
4. REBELO, Filipa Margarida03	Escola O Liceu	2:33.71	370	35.37	39.00	40.67	38.67
5. FREITAS, Viviana Maria 03	Desportiva de Machico	2:56.59	244	39.02	45.26	46.79	45.52
6. ERRA, Juliana Franco 03	Desportiva de Machico	3:19.33	170	43.83	51.73	52.13	51.64

Seniores, 18 anos e mais velhas

1. LUIS, Jessica Santos 00	Desportivo Sao Roque	2:21.19	478	32.02	36.25	37.03	35.89
2. CRO, Isabel Matilde 00	Escola O Liceu	2:53.40	258	39.53	44.79	45.72	43.36

Prova 4

Masc., 200m Livres

Absoluto

06/03/2020 - 19:55

Resultados

Recorde Regional Absoluto	1:46.65	PINTO, Luis Marques	CDN	Stockholm (SWE)	11/11/2009
Recorde Regional Sen	1:46.65	PINTO, Luis Marques	CDN	Stockholm (SWE)	11/11/2009
Recorde Regional Jun18	1:50.17	CASTRO, Joao Cruz	CDSR	Porto	10/12/2017
Recorde Regional Jun17	1:51.83	CASTRO, Joao Cruz	CDSR	Funchal	27/07/2017
Recorde Regional Juv A	1:54.07	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2016
Recorde Regional Juv B	1:55.77	CASTRO, Joao Cruz	CDSR	Funchal	10/07/2015
Recorde Regional Inf A	1:59.62	FERNANDES, Joao Vitor	CSM	Funchal	09/07/2014
Recorde Regional Inf B	2:07.17	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Nacionais Inf B: 2:20.33; Inf A: 2:11.45; Juv B: 2:05.62; Juv A: 2:01.83; Jun17: 1:57.46; Jun18: 1:56.88; Sen19: 1:54.97; 20+: 1:54.40 / TAC Zonais Inf B: 2:26.50; Inf A: 2:20.20

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Infantis B, 13 anos

1. ALMEIDA, Joao Francisco 07	Naval do Funchal	2:28.95	296	32.76	36.80	40.25	39.14
2. FERNANDES, A. 07	Salesianos do Funchal	2:48.34	205	39.11	43.33	43.90	42.00
3. BARBOSA, Joao Camach07	Desportivo Nacional	2:52.69	190	39.28	45.11	46.14	42.16
4. CARVALHO, J. 07	Naval do Funchal	3:01.68	163	42.18	45.50	46.55	47.45
5. GOUVEIA, Martim Jose 07	Desportivo Sao Roque	3:04.00	157	39.56	47.89	49.54	47.01
6. MARTINS, Tomas Rodrig07	Desportivo Nacional	3:19.54	123	47.88	51.34	51.34	48.98
7. FERNANDES, Joao Vieira07	Salesianos do Funchal	3:27.48	109	47.36	56.01	55.77	48.34

Prova 4, Masc., 200m Livres

Infantis A, 14 anos

1.	MACHADO, B.	06	Desportivo Nacional	2:18.25	371	30.79	34.73	36.45	36.28
<i>Minimos Campeonato Zonal - Infantis</i>									
2.	GARANITO, Simao Silva	06	Naval do Funchal	2:18.81	366	31.23	35.94	36.94	34.70
<i>Minimos Campeonato Zonal - Infantis</i>									
3.	ABREU, Joao Francisco	06	Naval do Funchal	2:20.69	352	31.87	35.68	36.83	36.31
4.	SILVA, Joao Luis	06	Escola O Liceu	2:31.01	284	29.95	33.09	50.13	37.84
5.	ALVES, Pedro Miguel	06	Desportivo Nacional	2:31.44	282	34.60	38.46	39.66	38.72
6.	NACHYCHKO, Maximo	06	Naval do Funchal	2:42.43	228	35.37	41.39	44.73	40.94
7.	CASTRO, Mateus Pereira	06	Escola O Liceu	2:42.51	228	38.01	41.20	43.61	39.69
8.	VIEIRA, Rodrigo Leal	06	Desportiva de Machico	2:46.42	212	34.69	40.64	45.60	45.49
9.	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	2:50.08	199	37.64	43.51	44.84	44.09
10.	CARREIRA, Ernani Afonso	06	Desportivo Nacional	2:51.57	194	38.88	43.89	45.14	43.66
11.	VIVEIROS, Pedro Perestrelo	06	Desportiva de Machico	3:04.45	156	40.52	47.92	50.12	45.89
12.	FERNANDES, Afonso Frei	06	Salesianos do Funchal	3:09.03	145	41.59	49.66	49.98	47.80

Juvenis B, 15 anos

1.	OLIVEIRA, Diogo Alexandr	05	Naval do Funchal	2:04.64	506	28.36	31.69	32.29	32.30
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>									
2.	VOLOZHENIM, Alexandre	05	Naval do Funchal	2:16.43	386	30.78	34.69	35.91	35.05
3.	SOUSA, Lourenco Quintas	05	Naval do Funchal	2:17.14	380	31.05	34.73	36.25	35.11
4.	MENDES, Juan Diego	05	Desportivo Nacional	2:43.84	223	36.31	42.90	44.10	40.53
5.	NUNES, Andre Maltez	05	Desportivo Nacional	2:49.40	201	38.82	43.48	44.36	42.74
6.	RIBEIRO, Joao Pedro	05	Desportiva de Machico	3:06.88	150	40.69	47.33	50.30	48.56

Juvenis A, 16 anos

1.	FERNANDES, Diogo Henri	04	Naval do Funchal	2:01.84	542	28.01	31.24	31.38	31.21
2.	AGUILAR, Luis Santos	04	Desportivo Nacional	2:21.19	348	30.59	35.50	37.55	37.55
3.	URDANETA, Lisandro Albr	04	Desportivo Nacional	2:56.57	178	37.17	45.82	48.42	45.16
4.	TEIXEIRA, Rodrigo Ribeir	04	Desportiva de Machico	3:13.76	134	43.60	47.92	52.04	50.20

Juniores, 17 e 18 anos

1.	GOMES, Goncalo Camara	03	Naval do Funchal	1:57.71	601	27.03	29.70	30.42	30.56
2.	FERNANDES, Rui Afonso	03	Desportivo Nacional	2:01.51	546	27.36	30.56	31.74	31.85
3.	CASTRO, Martim Pereira	02	Escola O Liceu	2:05.05	501	28.92	31.86	32.50	31.77
4.	OLIVEIRA, Pedro Freitas	02	Naval do Funchal	2:08.25	465	28.85	31.49	32.71	35.20
5.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	2:09.31	453	29.46	32.36	33.97	33.52
6.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	2:14.12	406	30.72	34.18	34.52	34.70
7.	FARIA, Joao Pedro	03	Naval do Funchal	2:16.88	382	29.80	33.86	36.01	37.21
8.	CAMACHO, Joao Simao	03	Desportivo Nacional	2:23.40	332	33.04	37.26	37.68	35.42
9.	LUIS, Francisco Sousa	03	Desportivo Nacional	2:31.32	283	33.42	37.02	40.03	40.85

Seniores, 19 anos e mais velhos

1.	NUNES, Goncalo Almada	01	Salesianos do Funchal	2:14.49	403	30.61	33.95	35.44	34.49
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Prova 5 Femin., 50m Costas Absolutos
06/03/2020 - 20:09 Resultados

Recorde Regional Absoluto	30.46	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Sen	30.46	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Jun17	31.07	AGUILAR, Vera Ines	CDN	Funchal	10/12/2016
Recorde Regional Jun16	30.71	AGUILAR, Vera Ines	CDN	Funchal	18/12/2015
Recorde Regional Juv A	31.50	AGUILAR, Vera Ines	CDN	Funchal	18/10/2014
Recorde Regional Juv B	31.80	AGUILAR, Vera Ines	CDN	Funchal	13/03/2014

TAC Nacionais Juv B: 32.29; Juv A: 32.29; Jun16: 32.29; Jun17: 32.13; Sen18: 31.37; 19 +: 31.21

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts
Juvenis B, 14 anos				
1.	06	COSTA, Maria Jardim <i>Minimos Campeonato Nacional - JUV. e ABS.</i>	31.87	522
2.	06	CANADA, Maria Elvira Desportivo Nacional	35.15	389
Juvenis A, 15 anos				
1.	05	JARDIM, Teresa Vieira Naval do Funchal	33.87	435
Juniores, 16 e 17 anos				
1.	04	FERREIRA, Maria Leonor Desportivo Nacional	32.33	500
2.	04	GONCALVES, Maria Margarida Naval do Funchal	32.99	471
3.	03	FERNANDES, Ana Catarina Naval do Funchal	35.12	390
4.	03	FREITAS, Viviana Maria Desportiva de Machico	40.58	253
5.	03	PEREIRA, Luisa Tovela Desportivo Nacional	41.31	239
Seniores, 18 anos e mais velhas				
1.	01	BOULHOSA, Carolina Abreu Naval do Funchal	33.66	443
2.	00	LUIS, Jessica Santos Desportivo Sao Roque	33.89	434

Prova 6 Masc., 50m Costas Absolutos
06/03/2020 - 20:12 Resultados

Recorde Regional Absoluto	26.31	FERNANDES, Joao Manuel	CNF	Leiria	15/12/2019
Recorde Regional Sen	26.31	FERNANDES, Joao Manuel	CNF	Leiria	15/12/2019
Recorde Regional Jun18	26.38	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	27.48	SILVA, Francisco Pestana	CNF	Felgueiras	21/12/2013
Recorde Regional Juv A	27.26	CASTRO, Joao Cruz	CDSR	Funchal	17/06/2016
Recorde Regional Juv B	28.67	FERNANDES, Rui Afonso	CDN	Funchal	26/03/2018

TAC Nacionais Juv B: 28.23; Juv A: 28.23; Jun17: 28.23; Jun18: 28.09; Sen19: 27.34; 20 +: 27.20

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts
Juvenis A, 16 anos				
1.	04	LEAL, Diogo Silva Salesianos do Funchal	30.84	374
2.	04	GOMES, Alexandre Monteiro Salesianos do Funchal	37.00	216
3.	04	GANANCA, Tiago Rodrigues Naval do Funchal	43.57	132
Juniores, 17 e 18 anos				
1.	02	SILVA, Joao Jesus Salesianos do Funchal	28.34	481
2.	02	NASCIMENTO, Diogo Andre Naval do Funchal	31.62	347
3.	02	CALDEIRA, Rodolfo Morais Salesianos do Funchal	33.82	283
4.	02	DINIS, Fernando Jose Desportivo Sao Roque	47.02	105

Prova 6, Masc., 50m Costas

Seniores, 19 anos e mais velhos

1. SILVA, Tomas Antonio	01	Naval do Funchal	27.49	528
2. SANTOS, Diego Felipe	87	Desportivo Nacional	30.48	387

Prova 7

Femin., 100m Mariposa

Absoluto

06/03/2020 - 20:14

Resultados

Recorde Regional Absoluto	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	1:03.70	ROSA, Beatriz Jong	CDN	Porto	09/12/2017
Recorde Regional Jun17	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun16	1:04.75	ROSA, Beatriz Jong	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:05.15	ROSA, Beatriz Jong	CDN	Funchal	11/07/2015
Recorde Regional Juv B	1:07.65	ROSA, Beatriz Jong	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:09.65	ROSA, Beatriz Jong	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:11.10	LOPES, Joana Cristina	CNF	Funchal	18/07/1992

TAC Nacionais Inf B: 1:24.73; Inf A: 1:19.73; Juv B: 1:10.72; Juv A: 1:09.49; Jun16: 1:07.35; Jun17: 1:07.01; Sen18: 1:05.61; 19+: 1:05.28 / TAC Zonais Inf B: 1:25.00; Inf A: 1:20.00

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m
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Infantis A, 13 anos

1. TEMTEM, Sara Maria	07	Desportivo Nacional	1:33.97	196	43.14	50.83
2. GOUVEIA, Ines Mendes	07	Salesianos do Funchal	2:08.95	75	1:01.11	1:07.84

Juvenis B, 14 anos

1. SOUSA, Ivana Valentina	06	Desportivo Nacional	1:18.07	342	36.15	41.92
2. TEMBE, Ines Afonso	06	Desportivo Nacional	1:18.67	334	36.27	42.40
3. FARIA, Laura Pereira	06	Salesianos do Funchal	1:19.94	318	36.54	43.40
4. CARICHAS, Joana Medeiros	06	Salesianos do Funchal	1:20.83	308	38.01	42.82
5. BAPTISTA, Constanca Ornelas	06	Naval do Funchal	1:21.96	295	37.60	44.36

Juvenis A, 15 anos

1. NOBREGA, Maria Trindade	05	Desportivo Nacional	1:39.54	165	44.86	54.68
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Juniores, 16 e 17 anos

1. SOUSA, Joana Francisca	04	Desportivo Sao Roque	1:10.14	471	32.36	37.78
2. CAMACHO, Laura Fernandes	04	Naval do Funchal	1:12.52	427	33.60	38.92
3. RAMOS, Barbara Emerick	04	Salesianos do Funchal	1:13.55	409	35.16	38.39
4. OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	1:14.22	398	33.36	40.86
5. ANDRADE, Margarida Fernand	04	Salesianos do Funchal	1:28.71	233	38.32	50.39

Seniores, 18 anos e mais velhas

1. GOMES, Susana Clara	77	Naval do Funchal	1:06.30	558	30.65	35.65
2. AGUILAR, Vera Ines	00	Desportivo Nacional	1:08.32	510	31.40	36.92
3. BOULHOSA, Carolina Abreu	01	Naval do Funchal	1:13.75	406	33.59	40.16
4. VICTOR, Joana Isabel	91	Salesianos do Funchal	1:17.84	345	36.27	41.57
5. CRO, Isabel Matilde	00	Escola O Liceu	1:30.06	222	40.19	49.87
6. FREITAS, Ana Beatriz	02	Desportivo Nacional	1:40.62	159	44.65	55.97

Prova 8 Masc., 100m Mariposa Absoluto
06/03/2020 - 20:19 Resultados

Recorde Regional Absoluto	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Sen	55.34	FRANCO, Joao Fragueiro	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Jun17	56.11	SEQUEIRA, Afonso Meneses	CNF	Porto	12/12/2015
Recorde Regional Juv A	58.04	SEQUEIRA, Afonso Meneses	CNF	Leiria	13/12/2014
Recorde Regional Juv B	58.96	VARGAS, Henrique Luis	CNF	Funchal	24/07/2013
Recorde Regional Inf A	1:01.59	CAIRES, Nuno Costa	CNF	Funchal	12/07/2008
Recorde Regional Inf B	1:04.84	CASTRO, Joao Cruz	CSM	Funchal	24/07/2013

TAC Nacionais Inf B: 1:17.10; Inf A: 1:12.30; Juv B: 1:03.49; Juv A: 1:01.39; Jun17: 58.72; Jun18: 58.43; Sen19: 57.53; 20+: 57.24 /
TAC Zonais Inf B: 1:17.50; Inf A: 1:12.60

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m
Infantis B, 13 anos						
1.	PEREIRA, Lucas Santos	07	Naval do Funchal	1:17.74	236	35.65 42.09
2.	FERNANDES, Joao Vieira	07	Salesianos do Funchal	2:09.38	51	1:02.99 1:06.39
DSQ	NUNES, Duarte Costa	07	Salesianos do Funchal			
<i>809 - Movimento alternado de pernas durante o percurso - SW 8.3</i>						

Infantis A, 14 anos

1.	PITA, Pedro Miguel	06	Naval do Funchal	1:08.74	342	31.26 37.48
<i>Minimos Campeonato Nacional - Infantis, Minimos Campeonato Zonal - Infantis</i>						
2.	PAULOS, Joao Afonso	06	Naval do Funchal	1:09.73	327	32.23 37.50
<i>Minimos Campeonato Nacional - Infantis, Minimos Campeonato Zonal - Infantis</i>						
3.	SILVA, Afonso Mar	06	Naval do Funchal	1:17.21	241	35.22 41.99
4.	CAIRES, Joao Gomes	06	Naval do Funchal	1:21.24	207	35.84 45.40
5.	TEMES, Joao Caires	06	Salesianos do Funchal	1:30.28	151	44.29 45.99

Juvenis B, 15 anos

1.	DIAS, Andre Vicente	05	Desportivo Nacional	1:01.45	478	28.53 32.92
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>						
2.	GOUVEIA, Luis Galvao	05	Desportivo Nacional	1:02.01	466	29.11 32.90
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>						
3.	RODRIGUES, Joao Luis	05	Naval do Funchal	1:02.97	445	28.88 34.09
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>						
4.	LEITAO, Andre Freitas	05	Naval do Funchal	1:07.08	368	31.32 35.76
5.	ALVES, Andre Camara	05	Desportivo Nacional	1:12.25	294	33.30 38.95
6.	ALVES, Luis Fernandez	05	Desportivo Nacional	1:19.46	221	35.56 43.90

Juvenis A, 16 anos

1.	BARRY, Rafael Francisco	04	Naval do Funchal	1:00.88	492	27.97 32.91
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>						
2.	NUNES, Afonso Miguel	04	Salesianos do Funchal	1:08.84	340	31.91 36.93
3.	SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	1:09.65	328	32.71 36.94
4.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	1:10.06	323	33.36 36.70
5.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	1:13.79	276	31.43 42.36
6.	FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	1:17.98	234	36.11 41.87

Prova 8, Masc., 100m Mariposa

Juniores, 17 e 18 anos

1.	ALVES, Afonso Pinto	02	Naval do Funchal	1:00.29	507	28.03	32.26
2.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	1:04.28	418	29.32	34.96
3.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	1:04.62	411	30.14	34.48
4.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	1:05.12	402	29.11	36.01
5.	ABREU, Nuno Afonso	03	Naval do Funchal	1:09.10	336	31.33	37.77
6.	CAMACHO, Joao Simao	03	Desportivo Nacional	1:11.28	306	32.50	38.78
7.	KOVAL, Igor	03	Desportivo Nacional	1:18.29	231	36.37	41.92
DSQ	FREIRE, Gabriel Coelho	03	Desportiva de Machico				
					401		

Não cumpriu os procedimentos da partida.

Seniores, 19 anos e mais velhos

1.	SILVA, Tomas Antonio	01	Naval do Funchal	56.75	608	26.74	30.01
				<i>Minimos Campeonato Nacional - JUV. e ABS.</i>			
2.	AGUIAR, Joao Menezes	97	Naval do Funchal	57.62	580	26.71	30.91
3.	FERRO, Henrique Martins	01	Naval do Funchal	1:02.09	464	28.72	33.37
4.	MARCOS, Joao Freitas	01	Escola O Liceu	1:03.55	433	29.62	33.93
5.	SILVA, Luis Pedro	98	Desportivo Nacional	1:04.05	422	28.85	35.20
6.	VIEIRA, Duarte Nuno	95	Salesianos do Funchal	1:05.55	394	30.19	35.36
7.	PERESTRELO, Pedro Antonio	96	Desportiva de Machico	1:33.48	136	40.48	53.00

Prova 9

Femin., 200m Bruços

Absoluto
Resultados

06/03/2020 - 20:27

Recorde Regional Absoluto	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Sen	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Jun17	2:40.38	MARQUES, Mariana Sousa	CNF	Funchal	16/07/2005
Recorde Regional Jun16	2:38.79	ABREU, Laura Catarina	CDN	Funchal	08/07/2016
Recorde Regional Juv A	2:41.54	ABREU, Laura Catarina	CDN	Funchal	11/07/2015
Recorde Regional Juv B	2:43.10	ABREU, Laura Catarina	CDN	Tomar	14/12/2013
Recorde Regional Inf A	2:47.89	ABREU, Laura Catarina	CDN	Funchal	06/04/2003
Recorde Regional Inf B	2:56.77	RODRIGUES, Laura Sofia	JACL	Funchal	08/06/2019

TAC Nacionais Inf B: 3:19.69; Inf A: 3:10.41; Juv B: 2:57.14; Juv A: 2:54.45; Jun16: 2:49.43; Jun17: 2:48.59; Sen18: 2:43.50; 19+: 2:42.69 / TAC Zonais Inf B: 3:22.00; Inf A: 3:14.50

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Infantis B, 12 anos

1.	ALVES, Juliana Rodrigues	08	Desportivo Nacional	3:22.15	295	46.01	51.95	52.15	52.04
2.	BAPTISTA, Ines Sande	08	Desportivo Nacional	3:22.97	291	47.03	51.26	52.62	52.06
3.	PEREIRA, Maria Clara	08	Salesianos do Funchal	3:30.08	262	47.38	53.97	55.31	53.42
4.	PEREIRA, Julia Freitas	08	Naval do Funchal	3:31.66	256	46.96	54.48	55.66	54.56
5.	SOARES, Leonor Silva	08	Desportivo Nacional	3:36.20	241	49.39	55.72	55.85	55.24
6.	ROCHA, Vitoria Maria	08	Salesianos do Funchal	3:47.31	207	53.35	58.51	58.16	57.29

Infantis A, 13 anos

1.	RODRIGUES, Laura Sofia	07	Salesianos do Funchal	2:52.35	476	38.83	44.33	45.06	44.13
				<i>Minimos Campeonato Nacional - Infantis, Minimos Campeonato Zonal - Infantis</i>					
2.	FREITAS, Maria Raquel	07	Naval do Funchal	3:24.10	286	45.77	51.97	53.66	52.70

Juvenis B, 14 anos

1.	ABREU, Ana Rodrigues	06	Naval do Funchal	3:04.95	385	41.72	46.50	48.39	48.34
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Prova 9, Femin., 200m Bruços

Juvenis A, 15 anos

1. GOMES, Madalena Sousa05	Naval do Funchal	3:18.48	311	43.58	50.63	52.17	52.10
2. ANDRADE, Maria Beatriz 05	Desportivo Nacional	3:59.96	176	53.77	1:01.21	1:02.12	1:02.86

Juniores, 16 e 17 anos

1. GOUVEIA, Susana Isabel 04	Salesianos do Funchal	3:18.22	312	43.55	50.62	53.04	51.01
2. BLANDY, Mischa Blue 04	Salesianos do Funchal	4:07.30	161	53.88	1:03.45	1:06.12	1:03.85

Prova 10

Masc., 200m Bruços

Absoluto

06/03/2020 - 20:37

Resultados

Recorde Regional Absoluto	2:17.57	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Sen	2:19.23	FIGUEIRA, Andre Temtem	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:17.57	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Jun17	2:22.69	SILVA, Tomas Antonio	CNF	Funchal	10/06/2018
Recorde Regional Juv A	2:24.33	DEUS, Andre Portugal	CNF	Funchal	24/11/2017
Recorde Regional Juv B	2:23.33	ALVES, Paulo Rodrigues	CDN	Funchal	13/07/2019
Recorde Regional Inf A	2:29.20	ALVES, Paulo Rodrigues	CDN	Funchal	01/08/2018
Recorde Regional Inf B	2:37.57	FREITAS, Tomas Miguel	CDN	Funchal	13/07/2003

TAC Nacionais Inf B: 3:03.94; Inf A: 2:55.05; Juv B: 2:42.26; Juv A: 2:38.44; Jun17: 2:30.02; Jun18: 2:29.27; Sen19: 2:25.15; 20+: 2:24.42 / TAC Zonais Inf B: 3:09.00; Inf A: 2:59.00

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Infantis B, 13 anos

1. SOUSA, Simao Henrique 07	Desportivo Nacional	3:06.96	265	41.81	46.51	49.40	49.24
<i>Minimos Campeonato Zonal - Infantis</i>							
2. ARAUJO, Joao Caldeira 07	Naval do Funchal	3:11.81	245	42.51	49.78	50.76	48.76
3. OLIVEIRA, Afonso Miguel 07	Salesianos do Funchal	3:18.24	222	44.41	51.48	52.15	50.20
4. SMIRNOV, Dmytro 07	Desportivo Sao Roque	3:19.82	217	43.65	52.18	52.98	51.01
5. NUNES, Henrique Dias 07	Desportivo Nacional	3:29.34	189	47.18	53.68	55.87	52.61
6. ALVES, Diogo Basilio 07	Salesianos do Funchal	3:42.45	157	49.61	57.36	58.87	56.61
7. MARTINS, Tomas Rodrigoc07	Desportivo Nacional	4:00.01	125	54.75	1:02.49	1:01.49	1:01.28

Infantis A, 14 anos

1. SETIM, Joao Oliveira 06	Naval do Funchal	2:56.48	315	39.48	45.26	46.14	45.60
<i>Minimos Campeonato Zonal - Infantis</i>							
2. GONCALVES, Martim Luis06	Desportivo Nacional	3:04.74	275	42.17	47.28	47.74	47.55
DSQ FERNANDES, Afonso Frei06;	Salesianos do Funchal						
<i>403 - Falsa partida - SW 4.4</i>							

Juvenis B, 15 anos

1. SILVA, Tony Stefano 05	Naval do Funchal	2:38.65	434	33.43	39.89	42.51	42.82
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>							
2. SOUSA, Lourenco Quintas05	Naval do Funchal	2:45.90	379	37.29	41.87	42.74	44.00
3. ALVES, Afonso Pires 05	Salesianos do Funchal	2:49.76	354	37.88	43.58	44.01	44.29
4. DIAS, Andre Vicente 05	Desportivo Nacional	2:55.76	319	39.93	44.50	45.61	45.72
5. ALVES, Tiago Pires 05	Salesianos do Funchal	2:57.81	308	39.88	45.47	45.85	46.61
DSQ CORREIA, Rodrigo Ramo05	Desportivo Nacional						
<i>722 - Tocou com uma mão na parede na viragem aos 150 m - SW 7.6</i>							

Prova 10, Masc., 200m Bru os

Juvenis A, 16 anos

1.	FERNANDES, Martim Pes04	Naval do Funchal	2:26.99	546	33.20	38.20	38.39	37.20
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>								
2.	ALVES, Paulo Rodrigues 04	Desportivo Nacional	2:28.35	531	33.71	38.31	38.24	38.09
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>								
3.	RODRIGUES, Rodrigo Re04	Desportivo Sao Roque	2:34.66	468	35.48	39.35	39.95	39.88
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>								
4.	AGUILAR, Luis Santos 04	Desportivo Nacional	2:57.60	309	38.12	45.26	47.12	47.10

Juniores, 17 e 18 anos

1.	MATOS, Rodrigo Vieira 03	Naval do Funchal	2:28.55	529	33.42	37.62	39.22	38.29
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>								
2.	PAULOS, Francisco Silva 02	Naval do Funchal	2:32.46	489	34.12	39.09	39.47	39.78
3.	FERNANDES, Rui Afonso 03	Desportivo Nacional	2:37.81	441	36.09	40.68	40.98	40.06
4.	LOPES, Pedro Henrique 03	Desportivo Sao Roque	2:40.57	419	33.91	39.48	42.34	44.84
5.	VIEIRA, Emanuel Eloi 03	Desportivo Sao Roque	2:52.80	336	37.08	43.38	46.12	46.22

Seniores, 19 anos e mais velhos

1.	SANTOS, Diego Felipe 87	Desportivo Nacional	2:38.01	439	36.28	40.74	38.89	42.10
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Prova 11

Femin., 4 x 100m Estilos

Absoluto

06/03/2020 - 20:54

Resultados

Recorde Regional Absoluto	4:28.97	Clube Desportivo Nacional	CDN	Funchal	28/07/2016
Recorde Regional Sen	4:34.50	Clube Desportivo Nacional	CDN	Porto	04/12/2010
Recorde Regional Jun	4:28.97	Clube Desportivo Nacional	CDN	Funchal	28/07/2016
Recorde Regional Juv A	4:31.86	Clube Desportivo Nacional	CDN	Funchal	12/07/2015
Recorde Regional Juv B	4:38.14	Clube Desportivo Nacional	CDN	Funchal	11/04/2014
Recorde Regional Inf A	4:44.68	Clube Desportivo Nacional	CDN	Funchal	23/07/2013
Recorde Regional Inf B	5:21.61	Clube Naval do Funchal	CNF	Funchal	12/07/2015

TAC Zonais Inf B: 5:53.00; Inf A: 5:37.00 / TAC_estafetas Juv: 4:49.42; Jun: 4:41.15; Sen: 4:35.63

Pontos: FINA 2019

Lugar					Tempo final	Pts
Infantis B, 12 anos						
1.	Naval do Funchal 8	Naval do Funchal			5:57.14	250
	SILVA, Carolina Pestana	+0,85	42.40	1:26.40	ANDRADE, Matilde Sousa	+0,41 36.79 1:21.11
	PEREIRA, Julia Freitas	+0,42	47.37	1:38.94	MACEDO, Diana Camacho	+0,18 41.44 1:30.69
2.	Desportivo Nacional 2	Desportivo Nacional			6:00.16	244
	SOARES, Leonor Silva	+0,64	44.23	1:30.70	BAPTISTA, Ines Sande	+0,49 39.84 1:27.57
	ALVES, Juliana Rodrigues	+0,45	44.76	1:34.16	PEREIRA, Sofia Jardim	+0,19 41.41 1:27.73

Infantis A, 13 anos

1.	Desportivo Nacional 1	Desportivo Nacional			5:26.06	329
<i>Minimos Campeonato Zonal - Infantis</i>						
	TEMTEM, Sara Maria	+0,90	43.09	1:27.81	CAMARA, Ines Cruz	+0,18 33.36 1:15.53
	GONCALVES, Valentina Jose	+0,15	38.95	1:25.19	MATEUS, Cl�risse Vieira	+0,54 37.07 1:17.53

Juvenis B, 14 anos

1.	Naval do Funchal 26	Naval do Funchal			5:11.12	379
	DEUS, Ines Portugal	+0,64	36.24	1:14.74	FERRO, Maria Leonor	+0,47 36.38 1:18.02
	ABREU, Ana Rodrigues	+0,40	41.33	1:29.25	FREITAS, Beatriz Rodrigues	+0,43 32.85 1:09.11

Prova 11, Femin., 4 x 100m Estilos

Absolutos (categorias distintas)

1. Salesianos do Funchal 1	Salesianos do Funchal				4:57.36	434	
CARICHAS, Joana Medeiros	+0,62	37.07	1:18.24	RAMOS, Barbara Emerick	+0,44	34.84	1:13.83
RODRIGUES, Laura Sofia	+0,48	38.73	1:22.53	OLIVEIRA, Sara Fernandes	+0,12	29.73	1:02.76
2. Desportivo Sao Roque 1	Desportivo Sao Roque				4:57.95	431	
LUIS, Jessica Santos	+0,82	34.86	1:13.18	SOUSA, Joana Francisca	+0,46	32.52	1:10.81
SILVA, Silvana Suamade	+0,67	41.28	1:27.41	JESUS, Filipa Mafalda	+0,01	31.42	1:06.55
3. Naval do Funchal 62	Naval do Funchal				5:23.28	338	
SEQUEIRA, Beatriz Meneses	+0,70	37.68	1:18.33	BAPTISTA, Constanca Ornelas	+0,36	37.82	1:23.89
FIGUEIRA, Madalena Leonor	+0,54	42.23	1:30.13	ROVERI, Isabel Vasconcelos	+0,55	33.27	1:10.93
4. Salesianos do Funchal 2	Salesianos do Funchal				5:25.05	332	
FARIA, Laura Pereira	+0,67	40.11	1:22.99	VICTOR, Joana Isabel	+0,41	36.12	1:18.62
LUIS, Mariana Capelo	+0,15	42.42	1:33.60	PEREIRA, Joana Marques	+0,16	33.10	1:09.84
DSQ Desportivo Nacional 20	Desportivo Nacional						
<i>809 - Movimento alternado de pernas durante o percurso - SW 8.3</i>							
TEMBE, Ines Afonso	+0,88	43.22	1:29.68	ALVES, Margarida Jesus			
RODRIGUES, Ines Costa				NOBREGA, Maria Trindade			
DSQ Desportivo Nacional 21	Desportivo Nacional						
<i>720 - Toque alternado na viragem aos 150 m - SW 7.6</i>							
PEREIRA, Luisa Tovela	+0,65	43.42	1:30.96	SILVA, Maria Fabiana			
ANDRADE, Maria Beatriz				FREITAS, Ana Beatriz			

Prova 12

Masc., 4 x 100m Estilos

Absoluto
Resultados

06/03/2020 - 21:08

Recorde Regional Absoluto	3:49.71	Clube Desportivo Nacional	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:49.71	Clube Desportivo Nacional	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun	3:55.68	Clube Naval do Funchal	CNF	Funchal	09/12/2016
Recorde Regional Juv A	4:11.58	Clube Naval do Funchal	CNF	Tomar	15/12/2013
Recorde Regional Juv B	4:16.87	Clube Naval do Funchal	CNF	Funchal	13/07/2019
Recorde Regional Inf A	4:27.13	Clube Naval do Funchal	CNF	Funchal	14/07/2007
Recorde Regional Inf B	4:51.67	Clube Naval do Funchal	CNF	Funchal	25/06/2006

TAC Zonais Inf B: 5:26.00; Inf A: 5:07.00 / TAC_estafetas Juv: 4:22.42; Jun: 4:11.49; Sen: 4:02.98

Pontos: FINA 2019

Lugar					Tempo final	Pts	
Infantis B, 13 anos							
1. Naval do Funchal 7	Naval do Funchal				5:11.90	260	
<i>Minimos Campeonato Zonal - Infantis</i>							
ARAUJO, Joao Caldeira	+0,64	37.65	1:17.80	ALMEIDA, Joao Francisco	+0,43	35.20	1:17.71
NEVES, Tiago Brazao	+0,41	41.17	1:27.53	PEREIRA, Lucas Santos	+0,35	32.91	1:08.86
2. Salesianos do Funchal 3	Salesianos do Funchal				5:53.42	178	
OLIVEIRA, Afonso Miguel	+0,58	36.82	1:17.19	FERNANDES, Afonso Berimbau	+0,64	38.74	1:27.68
ALVES, Diogo Basilio	+0,34	48.33	1:43.53	NUNES, Duarte Costa	+0,24	39.11	1:25.02
DSQ Desportivo Nacional 4	Desportivo Nacional				5:38.62		
<i>611 - Perdeu posi�o dorsal antes da viragem aos 50 metros SW 6.2</i>							
NUNES, Henrique Dias	07			VIEIRA, Luis Henrique	07		
SOUSA, Simao Henrique	07			COSTA, Guilherme Corte	07		

Prova 12, Masc., 4 x 100m Estilos

Infantis A, 14 anos

1.	Naval do Funchal 6	Naval do Funchal				4:47.93	330	
	<i>Minimos Campeonato Zonal - Infantis</i>							
	PITA, Pedro Miguel	+0,64	33.31	1:09.30	FERRAZ, Luis Afonso	+0,23	34.35	1:13.93
	SETIM, Joao Oliveira	+0,64	38.62	1:22.15	GARANITO, Simao Silva	+0,36	29.85	1:02.55
2.	Desportivo Nacional 3	Desportivo Nacional				5:00.71	290	
	<i>Minimos Campeonato Zonal - Infantis</i>							
	MACHADO, Bernardo Magalhae	+0,66	34.10	1:10.65	GONCALVES, Martim Luis	+0,41	31.80	1:09.20
	ALVES, Pedro Miguel	+0,69	38.88	1:22.95	CARREIRA, Ernani Afonso	+0,49	37.23	1:17.91
DSQ	Naval do Funchal 16	Naval do Funchal						
	<i>111 - Rendição antecipada do(a) 2 nadador(a) - SW 10.11</i>							
	ABREU, Joao Francisco	+0,63	35.62	1:14.48	SILVA, Afonso Mar			
	PAULOS, Joao Afonso	-0,04			CAIRES, Joao Gomes			

Juvenis B, 15 anos

1.	Naval do Funchal 25	Naval do Funchal				4:21.02	444	
	<i>Minimos Campeonato Nacional - JUV. e ABS.</i>							
	RODRIGUES, Joao Luis	+0,73	30.66	1:05.29	OLIVEIRA, Diogo Alexandre	+0,34	29.01	1:02.47
	SILVA, Tony Stefano	+0,12	32.66	1:13.13	VOLOZHENIM, Alexandre	+0,49	29.07	1:00.13
2.	Desportivo Nacional 16	Desportivo Nacional				5:46.47	189	
	MENDES, Juan Diego	+0,94	43.86	1:30.13	ALVES, Luis Fernandez	+0,14	36.60	1:20.52
	CORREIA, Rodrigo Ramos	+0,88	43.16	1:37.39	NUNES, Andre Maltez	+0,84	37.08	1:18.43

Absolutos (categorias distintas)

1.	Naval do Funchal 1	Naval do Funchal				4:01.69	559	
	SILVA, Tomas Antonio	+0,61	27.82	58.48	ALVES, Afonso Pinto	+0,20	28.40	59.91
	PAULOS, Francisco Silva	+0,11	32.19	1:09.17	AGUIAR, Joao Menezes	+0,32	26.26	54.13
2.	Desportivo Sao Roque 2	Desportivo Sao Roque				4:23.81	430	
	RODRIGUES, Pedro Reis	+0,70	30.13	1:02.55	RODRIGUES, Rodrigo Reis	+0,23	30.46	1:05.02
	VIEIRA, Emanuel Eloi	+0,57	36.25	1:17.90	LOPES, Pedro Henrique	+0,50	27.58	58.34
3.	Salesianos do Funchal 1	Salesianos do Funchal				4:37.85	368	
	PEREIRA, Jordao Abreu	+0,69	34.26	1:09.56	SILVA, Eduardo Rodrigues	+0,27	32.46	1:09.94
	VIEIRA, Duarte Nuno	+0,04	36.05	1:18.14	NUNES, Goncalo Almada	0.00	28.32	1:00.21
4.	Salesianos do Funchal 2	Salesianos do Funchal				4:40.60	357	
	NUNES, Afonso Miguel	+0,68	33.63	1:08.76	FERNANDEZ, Joao Guilherme	+0,66	33.46	1:16.05
	ALVES, Afonso Pires	+0,03	35.77	1:17.22	RODRIGUES, Renato Correia		27.51	58.57
5.	Desportivo Nacional 15	Desportivo Nacional				5:08.99	267	
	MACHADO, Tiago Magalhaes	+0,84	35.54	1:15.58	KOVAL, Igor	+0,72	35.79	1:17.83
	LUIS, Francisco Sousa	+0,44	39.42	1:23.93	URDANETA, Lisandro Alberto	+0,38	31.81	1:11.65
DSQ	Desportivo Sao Roque 1	Desportivo Sao Roque					808	
	<i>Movimento alternado de braços durante o percurso (mariposa)</i>							
	GOUVEIA, Martim Jose	+0,66	45.00	1:33.40	STEFLEA, Andre Sergio			
	SMIRNOV, Dmytro				DINIS, Fernando Jose			
DSQ	Naval do Funchal 2	Naval do Funchal						
	<i>111 - Rendição antecipada do(a) 4 nadador(a) - SW 10.11</i>							
	GOMES, Goncalo Camara	+0,60	28.47	59.19	BARRY, Rafael Francisco			
	FERNANDES, Martim Pestana				FERNANDES, Diogo Henrique	-0,20		

2 - 2.^a Jornada / Sessão Única - Sábado à tarde

07/03/2020 - 16:30

Prova 13 Femin., 200m Mariposa
07/03/2020 - 16:30 Absoluto Resultados

Recorde Regional Absoluto	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Sen	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Jun17	2:25.69	ROSA, Beatriz Jong	CDWT	Torres Novas	21/01/2017
Recorde Regional Jun16	2:25.16	ROSA, Beatriz Jong	CDN	Porto	11/12/2015
Recorde Regional Juv A	2:25.61	ROSA, Beatriz Jong	CDN	Funchal	12/07/2015
Recorde Regional Juv B	2:29.28	CERDAS, Sara Rodrigues	CNF	Braga	22/03/2003
Recorde Regional Inf A	2:32.56	CERDAS, Sara Rodrigues	CNF	Rio Maior	06/07/2002
Recorde Regional Inf B	2:45.26	VICTOR, Joana Isabel	CDN	Funchal	12/07/2003

TAC Nacionais Inf B: 3:07.16; Inf A: 2:55.05; Juv B: 2:41.39; Juv A: 2:37.62; Jun16: 2:32.18; Jun17: 2:31.42; Sen18: 2:26.33; 19+: 2:25.60 / TAC Zonais Inf B: 3:09.00; Inf A: 2:57.00

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
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Infantis B, 12 anos

1. BAPTISTA, Ines Sande	08	Desportivo Nacional	3:13.69	235	42.74	48.73	51.17	51.05
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Infantis A, 13 anos

1. GONCALVES, Valentina Jo07	07	Desportivo Nacional	3:03.23	278	38.49	46.50	49.31	48.93
2. TEMTEM, Sara Maria	07	Desportivo Nacional	3:16.84	224	43.64	50.82	51.58	50.80
3. MATEUS, Clarisse Vieira	07	Desportivo Nacional	3:26.97	193	41.35	52.72	56.95	55.95

Juvenis B, 14 anos

1. SOUSA, Ivana Valentina	06	Desportivo Nacional	2:49.29	352	37.40	43.74	44.76	43.39
2. PEREIRA, Joana Marques	06	Salesianos do Funchal	2:57.08	308	37.35	44.80	48.06	46.87
3. FARIA, Laura Pereira	06	Salesianos do Funchal	3:04.75	271	39.00	47.11	50.14	48.50
DSQ TEMBE, Ines Afonso	06	Desportivo Nacional						

812 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 150 m - SW 8.4

Juniores, 16 e 17 anos

1. SOUSA, Joana Francisca	04	Desportivo Sao Roque	2:32.61	481	34.19	38.37	39.04	41.01
2. RAMOS, Barbara Emerick	04	Salesianos do Funchal	2:46.71	369	37.92	42.59	43.78	42.42
3. CAMACHO, Laura Fernan04	04	Naval do Funchal	2:51.82	337	35.39	42.15	45.79	48.49
4. OLIVEIRA, Sara Fernande	04	Salesianos do Funchal	2:57.59	305	37.79	45.86	47.26	46.68

Prova 14 Masc., 200m Mariposa Absoluto
07/03/2020 - 16:38 Resultados

Recorde Regional Absoluto	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	2:01.97	GOUVEIA, Pedro Galvao	CDN	Funchal	11/12/2016
Recorde Regional Jun17	2:03.86	GOUVEIA, Pedro Galvao	CDN	Funchal	17/06/2016
Recorde Regional Juv A	2:08.54	MIGUEL, Goncalves Ferreira	CDN	Funchal	12/07/2009
Recorde Regional Juv B	2:11.93	FERNANDES, Rui Afonso	CDN	Funchal	31/07/2018
Recorde Regional Inf A	2:12.42	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2004
Recorde Regional Inf B	2:21.67	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Nacionais Inf B: 2:48.80; Inf A: 2:40.57; Juv B: 2:26.20; Juv A: 2:20.53; Jun17: 2:12.71; Jun18: 2:12.05; Sen19: 2:09.11;
20+: 2:08.47 / TAC Zonais Inf B: 2:50.00; Inf A: 2:41.50

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Infantis B, 13 anos									
1.	ALMEIDA, Joao Francisco	07	Naval do Funchal	2:56.77	229	36.80	43.46	47.50	49.01
2.	COSTA, Guilherme Corte	07	Desportivo Nacional	2:59.30	219	37.90	45.09	48.69	47.62
3.	ALVES, Diogo Basilio	07	Salesianos do Funchal	3:33.18	130	44.93	55.96	57.47	54.82
Infantis A, 14 anos									
1.	MACHADO, B.	06	Desportivo Nacional	2:39.03	315	33.98	39.12	42.06	43.87
<i>Minimos Campeonato Nacional - Infantis, Minimos Campeonato Zonal - Infantis</i>									
2.	TEMES, Joao Caires	06	Salesianos do Funchal	3:17.87	163	43.62	52.53	52.90	48.82
Juvenis B, 15 anos									
1.	GOUVEIA, Luis Galvao	05	Desportivo Nacional	2:12.54	544	29.79	34.19	34.66	33.90
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>									
2.	RODRIGUES, Joao Luis	05	Naval do Funchal	2:28.84	384	31.97	37.54	39.33	40.00
Juvenis A, 16 anos									
1.	BARRY, Rafael Francisco	04	Naval do Funchal	2:19.72	464	30.13	35.29	36.58	37.72
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>									
2.	NUNES, Afonso Miguel	04	Salesianos do Funchal	2:27.93	391	31.41	37.08	39.16	40.28
3.	SILVA, Eduardo Rodrigue	04	Salesianos do Funchal	2:30.99	368	33.29	36.88	39.05	41.77
4.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	2:33.48	350	34.45	39.76	39.95	39.32
Juniores, 17 e 18 anos									
1.	GRACA, Fernando Guerre	02	Naval do Funchal	2:18.26	479	30.93	35.29	36.74	35.30
Seniores, 19 anos e mais velhos									
1.	SILVA, Tomas Antonio	01	Naval do Funchal	2:05.68	638	28.15	32.53	32.55	32.45
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>									
2.	FERRO, Henrique Martins	01	Naval do Funchal	2:18.71	475	29.59	34.83	37.43	36.86

Prova 15		Femin., 50m Bruços			Absolutos
07/03/2020 - 16:47					Resultados
Recorde Regional Absoluto	33.10	QUINTAL, Fabiana Maria	CDN	Guarda	12/12/2010
Recorde Regional Sen	33.10	QUINTAL, Fabiana Maria	CDN	Guarda	12/12/2010
Recorde Regional Jun17	34.07	ABREU, Laura Catarina	CDW/T	Funchal	11/12/2016
Recorde Regional Jun16	33.71	ABREU, Laura Catarina	CDN	Porto	13/12/2015
Recorde Regional Juv A	34.46	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	34.57	ABREU, Laura Catarina	CDN	Funchal	15/03/2014

TAC Nacionais Juv B: 36.45; Juv A: 36.45; Jun16: 36.45; Jun17: 36.27; Sen18: 35.23; 19 +: 35.06

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts
Juvenis B, 14 anos				
1.	06	TEIXEIRA, Cristina Martins Desportiva da Camacha	45.63	245
Juvenis A, 15 anos				
1.	05	ANDRADE, Maria Beatriz Desportivo Nacional	47.15	222
2.	05	TEIXEIRA, Daniela Nobrega Desportiva da Camacha	51.94	166
Juniores, 16 e 17 anos				
1.	03	FERNANDES, Ana Catarina Naval do Funchal <i>Minimos Campeonato Nacional - JUV. e ABS.</i>	35.52	519
2.	03	REBELO, Filipa Margarida Escola O Liceu	36.38	483
3.	04	JESUS, Mariana Caires Salesianos do Funchal	42.68	299
4.	03	PEREIRA, Luisa Tovela Desportivo Nacional	45.16	252
Seniores, 18 anos e mais velhas				
1.	71	TELO, Carla Patricia Naval do Funchal	44.03	272
2.	02	NOBREGA, Valeria Cardoso Desportivo Nacional	48.49	204

Prova 16		Masc., 50m Bruços			Absolutos
07/03/2020 - 16:49					Resultados
Recorde Regional Absoluto	28.85	MARQUES, Miguel Freitas	CEOL	Funchal	26/03/2018
Recorde Regional Sen	28.85	MARQUES, Miguel Freitas	CEOL	Funchal	26/03/2018
Recorde Regional Jun18	29.26	FIGUEIRA, Andre Temtem	CNF	Funchal	12/07/2009
Recorde Regional Jun17	31.06	SILVA, Tomas Antonio	CNF	Funchal	10/06/2018
Recorde Regional Juv A	31.17	DEUS, Andre Portugal	CNF	Funchal	26/03/2018
Recorde Regional Juv B	31.51	ALVES, Paulo Rodrigues	CDN	Funchal	18/05/2019

TAC Nacionais Juv B: 31.38; Juv A: 31.38; Jun17: 31.38; Jun18: 31.22; Sen19: 30.37; 20 +: 30.22

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts
Juvenis B, 15 anos				
1.	05	SILVA, Tony Stefano Naval do Funchal	32.89	452
2.	05	CORREIA, Rodrigo Ramos Desportivo Nacional	40.40	244
Juvenis A, 16 anos				
1.	04	AGUILAR, Luis Santos Desportivo Nacional	36.06	343
2.	04	GANANCA, Tiago Rodrigues Naval do Funchal	43.85	190

Prova 16, Masc., 50m Bruços

Juniores, 17 e 18 anos

1. PAULOS, Francisco Silva	02	Naval do Funchal	32.02	490
2. MATOS, Rodrigo Vieira	03	Naval do Funchal	32.46	470
3. LOPES, Pedro Henrique	03	Desportivo Sao Roque	33.34	434
4. ALVES, Afonso Pinto	02	Naval do Funchal	35.15	370
5. LUIS, Francisco Sousa	03	Desportivo Nacional	36.68	326
6. CALDEIRA, Rodolfo Morais	02	Salesianos do Funchal	38.22	288

Seniores, 19 anos e mais velhos

1. SILVA, Luis Pedro	98	Desportivo Nacional	30.41	572
2. JORGE, Andre Camara	90	Escola O Liceu	31.42	518
3. SANTOS, Diego Felipe	87	Desportivo Nacional	32.26	479
4. FERREIRA, Luis Duarte	89	Escola O Liceu	34.05	407

Prova 17

Femin., 100m Livres

Absoluto

07/03/2020 - 16:52

Resultados

Recorde Regional Absoluto	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun17	59.96	AGUILAR, Vera Ines	CDN	Funchal	09/12/2016
Recorde Regional Jun16	59.93	ABREU, Laura Catarina	CDN	Funchal	19/12/2015
Recorde Regional Juv A	59.90	ABREU, Laura Catarina	CDN	Funchal	10/07/2015
Recorde Regional Juv B	1:01.04	AGUILAR, Vera Ines	CDN	Funchal	12/04/2014
Recorde Regional Inf A	1:02.04	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	1:05.20	LOPES, Joana Cristina	CNF	Funchal	10/05/1992

TAC Nacionais Inf B: 1:12.75; Inf A: 1:09.72; Juv B: 1:03.30; Juv A: 1:02.41; Jun16: 1:00.73; Jun17: 1:00.43; Sen18: 59.48; 19+: 59.19 / TAC Zonais Inf B: 1:13.00; Inf A: 1:10.00

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m	
Infantis B, 12 anos							
1.	ROCHA, Vitoria Maria	08	Salesianos do Funchal	1:27.79	187	42.52	45.27
2.	MACEDO, Diana Camacho	08	Naval do Funchal	1:33.48	155	43.46	50.02
3.	GOUVEIA, Joana Alves	08	Ludens de Machico	1:37.13	138	43.60	53.53

Infantis A, 13 anos

1.	CAMARA, Ines Cruz	07	Desportivo Nacional	1:08.88	388	32.67	36.21
<i>Minimos Campeonato Nacional - Infantis, Minimos Campeonato Zonal - Infantis</i>							
2.	FIGUEIRA, Madalena Leonor	07	Naval do Funchal	1:13.35	321	34.39	38.96
3.	FREITAS, Maria Raquel	07	Naval do Funchal	1:16.97	278	35.71	41.26
4.	RODRIGUES, Beatriz Mendes	07	Naval do Funchal	1:21.82	231	39.12	42.70
5.	RONDON, Maria Vitoria	07	Maritimo	1:25.84	200	40.64	45.20
6.	ALVES, Beatriz Abreu	07	Naval do Funchal	1:31.29	166	42.23	49.06
7.	RINCU, Alexandra	07	Naval do Funchal	1:32.35	161	43.25	49.10
8.	RODRIGUES, Ines Costa	07	Desportivo Nacional	1:33.75	153	44.17	49.58

Juvenis B, 14 anos

1.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	1:09.03	385	33.41	35.62
2.	ABREU, Ana Rodrigues	06	Naval do Funchal	1:10.09	368	33.44	36.65
3.	PEREIRA, Joana Marques	06	Salesianos do Funchal	1:10.25	365	33.72	36.53
4.	FERRO, Maria Leonor	06	Naval do Funchal	1:10.44	363	34.17	36.27
5.	ROVERI, Isabel Vasconcelos	06	Naval do Funchal	1:11.29	350	33.98	37.31
6.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	1:12.58	331	35.36	37.22
7.	TEMBE, Ines Afonso	06	Desportivo Nacional	1:17.89	268	36.69	41.20
8.	TEIXEIRA, Cristina Martins	06	Desportiva da Camacha	1:25.85	200	38.73	47.12

Prova 17, Femin., 100m Livres

Juvenis A, 15 anos

1.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	1:04.16	480	30.43	33.73
2.	ABREU, Maria Eduarda	05	Desportivo Nacional	1:09.87	371	34.04	35.83
3.	GOMES, Madalena Sousa	05	Naval do Funchal	1:11.25	350	33.73	37.52
4.	LUIS, Mariana Capelo	05	Salesianos do Funchal	1:14.64	305	35.41	39.23
5.	BARROS, Ana Carolina	05	Salesianos do Funchal	1:17.50	272	36.85	40.65
6.	NOBREGA, Maria Trindade	05	Desportivo Nacional	1:20.72	241	38.98	41.74
7.	TEIXEIRA, Daniela Nobrega	05	Desportiva da Camacha	1:27.39	190	42.46	44.93

Juniores, 16 e 17 anos

1.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	1:07.12	419	32.54	34.58
2.	LECA, Natasha Maria	03	Desportivo Nacional	1:07.33	415	32.73	34.60
3.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	1:09.53	377	33.23	36.30
4.	SOARES, Ines Silva	04	Desportivo Nacional	1:18.11	266	37.44	40.67
5.	REBELO, Filipa Margarida	03	Escola O Liceu	1:18.31	264	37.22	41.09
6.	GOUVEIA, Mariana Alves	03	Ludens de Machico	1:20.41	244	37.67	42.74
7.	BLANDY, Mischa Blue	04	Salesianos do Funchal	1:36.74	140	45.95	50.79

Seniores, 18 anos e mais velhas

1.	AGUILAR, Vera Ines	00	Desportivo Nacional	1:00.83	563	28.84	31.99
2.	LUIS, Jessica Santos	00	Desportivo Sao Roque	1:05.78	445	31.10	34.68
3.	VICTOR, Joana Isabel	91	Salesianos do Funchal	1:14.21	310	35.74	38.47
4.	CRO, Isabel Matilde	00	Escola O Liceu	1:19.56	251	37.21	42.35
5.	NOBREGA, Valeria Cardoso	02	Desportivo Nacional	1:29.30	178	43.34	45.96

Prova 18

Masc., 100m Livres

Absoluto

07/03/2020 - 17:02

Resultados

Recorde Regional Absoluto	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	51.05	CASTRO, Joao Cruz	CDSR	Porto	08/12/2017
Recorde Regional Jun17	51.79	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2017
Recorde Regional Juv A	52.66	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	52.96	CASTRO, Joao Cruz	CDSR	Funchal	12/07/2015
Recorde Regional Inf A	54.93	CASTRO, Joao Cruz	CSM	Funchal	12/04/2014
Recorde Regional Inf B	58.44	CASTRO, Joao Cruz	CSM	Funchal	23/07/2013

TAC Nacionais Inf B: 1:06.20; Inf A: 1:02.70; Juv B: 57.29; Juv A: 55.68; Jun17: 53.48; Jun18: 53.21; Sen19: 52.54; 20+: 52.28 /

TAC Zonais Inf B: 1:06.50; Inf A: 1:03.00

Pontos: FINA 2019

Lugar Ano Tempo final Pts 50m 100m

Infantis B, 13 anos

1.	PEREIRA, Lucas Santos	07	Naval do Funchal	1:05.91	316	32.24	33.67
<i>Minimos Campeonato Nacional - Infantis, Minimos Campeonato Zonal - Infantis</i>							
2.	SOUSA, Simao Henrique	07	Desportivo Nacional	1:12.79	235	35.57	37.22
3.	CARVALHO, Joaquim Eduardo	07	Naval do Funchal	1:18.38	188	37.96	40.42
4.	BARBOSA, Joao Camacho	07	Desportivo Nacional	1:19.18	182	38.03	41.15
5.	GOUVEIA, Martim Jose	07	Desportivo Sao Roque	1:22.40	162	39.12	43.28
6.	VIEIRA, Luis Henrique	07	Desportivo Nacional	1:23.70	154	41.17	42.53
7.	NUNES, Duarte Costa	07	Salesianos do Funchal	1:29.02	128	43.48	45.54
8.	FERNANDES, Joao Vieira	07	Salesianos do Funchal	1:32.85	113	44.59	48.26
9.	MARTINS, Tomas Rodrigo	07	Desportivo Nacional	1:33.61	110	45.03	48.58

Prova 18, Masc., 100m Livres

Infantis A, 14 anos

1.	SILVA, Joao Luis	06	Escola O Liceu	1:02.91	364	30.57	32.34
<i>Minimos Campeonato Zonal - Infantis</i>							
2.	SETIM, Joao Oliveira	06	Naval do Funchal	1:04.07	345	31.10	32.97
3.	SILVA, Afonso Mar	06	Naval do Funchal	1:07.78	291	32.38	35.40
4.	CAIRES, Joao Gomes	06	Naval do Funchal	1:08.85	278	33.20	35.65
5.	NACHYCHKO, Maximo	06	Naval do Funchal	1:11.83	244	34.07	37.76
6.	CASTRO, Mateus Pereira	06	Escola O Liceu	1:14.13	222	36.39	37.74
7.	CARREIRA, Ernani Afonso	06	Desportivo Nacional	1:22.82	159	38.94	43.88
8.	FERNANDES, Afonso Freitas	06	Salesianos do Funchal	1:27.71	134	41.00	46.71
9.	BARRETO, Andre Silva	06	Ludens de Machico	1:30.69	121	40.40	50.29

Juvenis B, 15 anos

1.	OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	57.51	477	27.41	30.10
2.	RODRIGUES, Joao Luis	05	Naval do Funchal	59.81	424	28.36	31.45
3.	VOLOZHENIM, Alexandre	05	Naval do Funchal	1:00.34	413	28.77	31.57
4.	ALVES, Tiago Pires	05	Salesianos do Funchal	1:01.26	394	29.05	32.21
5.	SOUSA, Lourenco Quintas	05	Naval do Funchal	1:01.48	390	29.36	32.12
6.	ALVES, Afonso Pires	05	Salesianos do Funchal	1:01.97	381	30.04	31.93
7.	LEITAO, Andre Freitas	05	Naval do Funchal	1:05.07	329	31.18	33.89
8.	ALVES, Andre Camara	05	Desportivo Nacional	1:05.77	319	31.32	34.45
9.	ALVES, Luis Fernandez	05	Desportivo Nacional	1:08.16	286	31.85	36.31
10.	SOUSA, Luis Miguel	05	Maritimo	1:11.36	249	34.52	36.84
11.	FREITAS, Bernardo Vasconcelos	05	Ludens de Machico	1:11.43	249	34.67	36.76
12.	MENDES, Juan Diego	05	Desportivo Nacional	1:13.86	225	35.60	38.26

Juvenis A, 16 anos

1.	FERNANDES, Diogo Henrique	04	Naval do Funchal	55.88	520	26.82	29.06
2.	FERNANDES, Martim Pestana	04	Naval do Funchal	58.73	448	28.11	30.62
3.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	1:00.88	402	28.54	32.34
4.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	1:02.05	379	30.93	31.12
5.	URDANETA, Lisandro Alberto	04	Desportivo Nacional	1:12.27	240	35.22	37.05
6.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	1:14.85	216	36.21	38.64

Juniores, 17 e 18 anos

1.	GOMES, Goncalo Camara	03	Naval do Funchal	54.27	567	26.11	28.16
2.	FERNANDES, Rui Afonso	03	Desportivo Nacional	56.10	514	26.66	29.44
3.	OLIVEIRA, Pedro Freitas	02	Naval do Funchal	56.44	504	26.94	29.50
4.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	57.14	486	27.48	29.66
5.	CASTRO, Martim Pereira	02	Escola O Liceu	57.51	477	28.04	29.47
6.	ALVES, Afonso Pinto	02	Naval do Funchal	57.57	475	27.92	29.65
7.	PAULOS, Francisco Silva	02	Naval do Funchal	58.52	452	28.06	30.46
8.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	58.99	442	28.23	30.76
9.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	59.18	437	28.23	30.95
10.	FARIA, Joao Pedro	03	Naval do Funchal	1:00.34	413	28.54	31.80
11.	NASCIMENTO, Diogo Andre	02	Naval do Funchal	1:00.93	401	28.84	32.09
12.	MELIM, Bruno Pontes	03	Salesianos do Funchal	1:01.39	392	29.27	32.12
13.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	1:01.84	383	29.55	32.29
14.	CALDEIRA, Rodolfo Moraes	02	Salesianos do Funchal	1:02.23	376	29.49	32.74
15.	ABREU, Nuno Afonso	03	Naval do Funchal	1:02.51	371	29.15	33.36
16.	CAMACHO, Joao Simao	03	Desportivo Nacional	1:03.48	354	29.92	33.56
17.	LUIS, Francisco Sousa	03	Desportivo Nacional	1:06.33	311	32.54	33.79
18.	KOVAL, Igor	03	Desportivo Nacional	1:11.65	246	34.15	37.50
19.	DINIS, Fernando Jose	02	Desportivo Sao Roque	1:22.75	160	39.86	42.89

Prova 18, Masc., 100m Livres

Seniores, 19 anos e mais velhos

1.	SILVA, Tomas Antonio	01	Naval do Funchal	53.18	603	25.34	27.84
2.	AGUIAR, Joao Menezes	97	Naval do Funchal	55.15	541	26.29	28.86
3.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	56.71	497	26.23	30.48
4.	SOUSA, Tiago Ferreira	91	Desportivo Nacional	56.84	494	26.60	30.24
5.	SANTOS, Diego Felipe	87	Desportivo Nacional	57.58	475	27.43	30.15
6.	SILVA, Luis Pedro	98	Desportivo Nacional	57.74	471	27.42	30.32
7.	VIEIRA, Duarte Nuno	95	Salesianos do Funchal	58.53	452	27.90	30.63
8.	JORGE, Andre Camara	90	Escola O Liceu	59.48	431	27.91	31.57
9.	NUNES, Goncalo Almada	01	Salesianos do Funchal	1:00.24	415	29.23	31.01

Prova 19

Femin., 200m Costas

Absoluto
Resultados

07/03/2020 - 17:15

Recorde Regional Absoluto	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Sen	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Jun17	2:23.46	QUINTAL, Fabiana Maria	CDN	Funchal	03/02/2001
Recorde Regional Jun16	2:25.65	QUINTAL, Fabiana Maria	CDN	Funchal	19/07/2000
Recorde Regional Juv A	2:24.92	ROSA, Beatriz Jong	CDN	Funchal	10/07/2015
Recorde Regional Juv B	2:27.90	NUNES, Joannete Vilarejo	CNF	Funchal	07/07/1994
Recorde Regional Inf A	2:33.29	COSTA, Maria Jardim	CDN	Funchal	08/06/2019
Recorde Regional Inf B	2:40.09	REIS, Constantina Isabel	CDN	Funchal	12/07/1996

TAC Nacionais Inf B: 2:50.16; Inf A: 2:41.55; Juv B: 2:34.23; Juv A: 2:32.42; Jun16: 2:28.04; Jun17: 2:27.30; Sen18: 2:25.06; 19+: 2:24.33 / TAC Zonais Inf B: 3:00.00; Inf A: 2:50.00

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Infantis B, 12 anos									
1.	SILVA, Carolina Pestana	08	Naval do Funchal	3:01.18	284	42.85	46.11	47.99	44.23
2.	ALVES, Juliana Rodrigues	08	Desportivo Nacional	3:05.19	266	44.53	47.08	47.84	45.74
3.	SOARES, Leonor Silva	08	Desportivo Nacional	3:05.58	265	43.64	47.66	48.57	45.71
DSQ	PEREIRA, Sofia Jardim	08	Desportivo Nacional						
<i>614 - Nadador n�o efectuou viragem aos 50 m ap�s terminar movimento cont�nuo de bra�os - SW 6.4</i>									

Infantis A, 13 anos

1.	RODRIGUES, Laura Sofia	07	Salesianos do Funchal	2:39.97	414	38.07	40.51	41.55	39.84
<i>Minimos Campeonato Nacional - Infantis, Minimos Campeonato Zonal - Infantis</i>									
2.	MATEUS, Clarisse Vieira	07	Desportivo Nacional	2:55.15	315	42.17	44.59	44.49	43.90
3.	TEMTEM, Sara Maria	07	Desportivo Nacional	3:04.50	269	43.97	46.97	48.02	45.54
DSQ	ERRA, Clara Patricia	07	Salesianos do Funchal						
<i>616 - O atleta efectuou a chegada totalmente submerso - SW 6.3</i>									

Juvenis B, 14 anos

1.	COSTA, Maria Jardim	06	Desportivo Nacional	2:26.17	542	33.92	37.71	37.46	37.08
<i>Recorde Regional, Minimos Campeonato Nacional - JUV. e ABS.</i>									
2.	DIAS, Julia Alves	06	Desportivo Nacional	2:33.16	471	35.37	38.88	39.90	39.01
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>									
3.	DEUS, Ines Portugal	06	Naval do Funchal	2:35.05	454	35.73	39.17	40.63	39.52
4.	JARDIM, Lara Filipa	06	Naval do Funchal	2:39.06	421	37.48	39.98	41.41	40.19
5.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	2:40.02	413	37.47	41.41	41.67	39.47
6.	SOUSA, Maria Beatriz	06	Naval do Funchal	2:50.32	343	40.39	43.70	43.79	42.44
7.	SOUSA, Ivana Valentina	06	Desportivo Nacional	2:53.37	325	41.65	43.72	44.35	43.65
DSQ	CANADA, Maria Elvira	06	Desportivo Nacional						
<i>607 - Mais de uma bra�ada, na posi�o ventral, antes da viragem aos 75 m - SW 6.4</i>									

Prova 19, Femin., 200m Costas

Juvenis A, 15 anos

1. JARDIM, Teresa Vieira	05	Naval do Funchal	2:43.77	385	36.22	40.84	43.53	43.18
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Juniores, 16 e 17 anos

1. FERREIRA, Maria Leonor	04	Desportivo Nacional	2:24.93	556	33.45	36.37	37.89	37.22
<i>Recorde Regional, Minimos Campeonato Nacional - JUV. e ABS.</i>								
2. GONCALVES, M.	04	Naval do Funchal	2:35.08	454	34.97	39.17	40.58	40.36
3. GOUVEIA, Mariana Alves	03	Ludens de Machico	3:21.63	206	45.13	49.78	54.52	52.20

Prova 20

Masc., 200m Costas

Absoluto
Resultados

07/03/2020 - 17:23

Recorde Regional Absoluto	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:06.22	MELIM, Oscar Ramos	CDN	Funchal	10/07/2004
Recorde Regional Jun17	2:05.84	FERNANDES, Rui Afonso	CDN	Felgueiras	20/12/2019
Recorde Regional Juv A	2:06.54	FERNANDES, Rui Afonso	CDN	Tomar	15/12/2018
Recorde Regional Juv B	2:08.37	FERNANDES, Rui Afonso	CDN	Funchal	01/08/2018
Recorde Regional Inf A	2:17.56	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2004
Recorde Regional Inf B	2:23.91	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Nacionais Inf B: 2:39.57; Inf A: 2:29.16; Juv B: 2:21.26; Juv A: 2:17.66; Jun17: 2:12.67; Jun18: 2:12.01; Sen19: 2:08.98; 20+: 2:08.34 / TAC Zonais Inf B: 2:45.00; Inf A: 2:36.00

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
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Infantis B, 13 anos

1. OLIVEIRA, Afonso Miguel	07	Salesianos do Funchal	2:44.66	263	38.06	41.45	43.23	41.92
<i>Minimos Campeonato Zonal - Infantis</i>								
2. ARAUJO, Joao Caldeira	07	Naval do Funchal	2:44.79	263	38.64	42.19	42.90	41.06
<i>Minimos Campeonato Zonal - Infantis</i>								
3. SMIRNOV, Dmytro	07	Desportivo Sao Roque	2:59.80	202	42.25	46.27	47.81	43.47
4. NUNES, Henrique Dias	07	Desportivo Nacional	3:04.79	186	44.33	46.84	47.14	46.48
5. FERNANDES, A.	07	Salesianos do Funchal	3:11.35	168	43.72	47.52	44.97	55.14

Infantis A, 14 anos

1. PITA, Pedro Miguel	06	Naval do Funchal	2:25.81	380	33.82	37.17	37.77	37.05
<i>Minimos Campeonato Nacional - Infantis, Minimos Campeonato Zonal - Infantis</i>								
2. ABREU, Joao Francisco	06	Naval do Funchal	2:35.55	313	35.74	39.68	40.15	39.98
<i>Minimos Campeonato Zonal - Infantis</i>								
3. ALVES, Pedro Miguel	06	Desportivo Nacional	2:38.39	296	37.40	39.52	41.09	40.38
4. TEMES, Joao Caires	06	Salesianos do Funchal	3:02.74	193	45.07	46.94	48.08	42.65
5. CARREIRA, Ernani Afonso	06	Desportivo Nacional	3:15.78	157	46.28	50.58	50.32	48.60
6. FERNANDES, Afonso Frei	06	Salesianos do Funchal	3:31.73	124	50.14	54.86	54.48	52.25
DSQ STEFLEA, Andre Sergio	06	Desportivo Sao Roque	<i>105 - Não tocou na parede na viragem aos 125 metros - SW 10.4</i>					

Juvenis B, 15 anos

1. LEITAO, Andre Freitas	05	Naval do Funchal	2:30.54	345	32.17	35.39	42.41	40.57
2. ALVES, Afonso Pires	05	Salesianos do Funchal	2:44.29	265	38.50	41.98	43.30	40.51
DSQ FREITAS, B.	05	Ludens de Machico	<i>607 - Mais de uma braçada, na posição ventral, antes da viragem aos 100 m - SW 6.4</i>					

Prova 20, Masc., 200m Costas

Juniores, 17 e 18 anos

1. SILVA, Joao Jesus	02	Salesianos do Funchal	2:12.65	504	30.87	33.49	34.27	34.02
2. RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	2:14.87	480	31.18	33.91	34.70	35.08

Prova 21

Femin., 400m Livres

Absoluto

07/03/2020 - 17:32

Resultados

Recorde Regional Absoluto	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Sen	4:35.08	MELIM, Claudia Ramos	CDN	Funchal	06/07/2002
Recorde Regional Jun17	4:32.13	ANDRADE, Rubina Amaro	CDN	Felgueiras	13/07/1996
Recorde Regional Jun16	4:31.80	ANDRADE, Rubina Amaro	CDN	Funchal	14/07/1995
Recorde Regional Juv A	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Juv B	4:35.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/05/1993
Recorde Regional Inf A	4:37.30	ANDRADE, Rubina Amaro	CDN	Funchal	17/07/1992
Recorde Regional Inf B	4:56.70	ANDRADE, Rubina Amaro	CDN	Funchal	04/05/1991

TAC Nacionais Inf B: 5:14.91; Inf A: 5:00.57; Juv B: 4:49.23; Juv A: 4:45.52; Jun16: 4:38.56; Jun17: 4:37.18; Sen18: 4:31.05; 19+: 4:29.70 / TAC Zonais Inf B: 5:32.00; Inf A: 5:16.50

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
1. ANDRADE, Matilde Sousa	08	Naval do Funchal	5:27.04 365
<i>Minimos Campeonato Zonal - Infantis</i>			
50m:	37.14 37.14	150m:	1:58.59 41.34
100m:	1:17.25 40.11	200m:	2:40.64 42.05
250m:	3:23.03 42.39	350m:	4:46.38 41.44
300m:	4:04.94 41.91	400m:	5:27.04 40.66
2. PEREIRA, Julia Freitas	08	Naval do Funchal	5:45.97 309
50m:	36.86 36.86	150m:	2:02.69 43.16
100m:	1:19.53 42.67	200m:	2:48.13 45.44
250m:	3:33.01 44.88	350m:	5:03.31 45.49
300m:	4:17.82 44.81	400m:	5:45.97 42.66
3. ROCHA, Vitoria Maria	08	Salesianos do Funchal	6:33.30 210
50m:	43.14 43.14	150m:	2:21.38 50.18
100m:	1:31.20 48.06	200m:	3:12.78 51.40
250m:	4:04.43 51.65	350m:	5:46.14 50.57
300m:	4:55.57 51.14	400m:	6:33.30 47.16
4. NOBREGA, Sara Francisca	08	Desportivo Sao Roque	7:20.15 150
50m:	46.04 46.04	150m:	2:37.27 56.61
100m:	1:40.66 54.62	200m:	3:34.78 57.51
250m:	4:30.74 55.96	350m:	6:24.07 55.60
300m:	5:28.47 57.73	400m:	7:20.15 56.08

Infantis A, 13 anos

1. CAMARA, Ines Cruz	07	Desportivo Nacional	5:11.31 424
<i>Minimos Campeonato Zonal - Infantis</i>			
50m:	34.45 34.45	150m:	1:52.37 39.40
100m:	1:12.97 38.52	200m:	2:32.47 40.10
250m:	3:12.32 39.85	350m:	4:33.17 40.25
300m:	3:52.92 40.60	400m:	5:11.31 38.14
2. GONCALVES, Valentina Jose	07	Desportivo Nacional	5:27.64 363
50m:	34.80 34.80	150m:	1:56.43 41.87
100m:	1:14.56 39.76	200m:	2:39.09 42.66
250m:	3:22.57 43.48	350m:	4:47.80 42.12
300m:	4:05.68 43.11	400m:	5:27.64 39.84
3. ERRA, Clara Patricia	07	Salesianos do Funchal	6:58.93 174
50m:	45.30 45.30	150m:	2:31.70 54.07
100m:	1:37.63 52.33	200m:	3:26.42 54.72
250m:	4:20.71 54.29	350m:	6:07.66 53.39
300m:	5:14.27 53.56	400m:	6:58.93 51.27

Juvenis B, 14 anos

1. FREITAS, Margarida Ramos	06	Desportivo Nacional	4:58.56 480
50m:	33.18 33.18	150m:	1:48.87 38.35
100m:	1:10.52 37.34	200m:	2:27.59 38.72
250m:	3:06.20 38.61	350m:	4:21.95 37.31
300m:	3:44.64 38.44	400m:	4:58.56 36.61
2. FREITAS, Beatriz Rodrigues	06	Naval do Funchal	5:01.96 464
50m:	34.13 34.13	150m:	1:49.03 37.88
100m:	1:11.15 37.02	200m:	2:27.57 38.54
250m:	3:06.37 38.80	350m:	4:24.17 38.97
300m:	3:45.20 38.83	400m:	5:01.96 37.79

Prova 21, Femin., 400m Livres, Juvenis B, 14 anos

Lugar	Nome		Ano	Clube	Tempo final				Pts
3.	SEQUEIRA, Beatriz Meneses		06	Naval do Funchal	5:08.06				437
	50m:	33.58 33.58	150m:	1:49.47 38.58	250m:	3:07.85 39.42	350m:	4:28.38 40.42	
	100m:	1:10.89 37.31	200m:	2:28.43 38.96	300m:	3:47.96 40.11	400m:	5:08.06 39.68	
4.	FERRO, Maria Leonor		06	Naval do Funchal	5:11.69				422
	50m:	35.60 35.60	150m:	1:55.26 40.35	250m:	3:14.92 39.37	350m:	4:33.93 39.37	
	100m:	1:14.91 39.31	200m:	2:35.55 40.29	300m:	3:54.56 39.64	400m:	5:11.69 37.76	
5.	CARICHAS, Joana Medeiros		06	Salesianos do Funchal	5:21.58				384
	50m:	35.86 35.86	150m:	1:56.25 40.66	250m:	3:18.49 40.87	350m:	4:41.99 41.73	
	100m:	1:15.59 39.73	200m:	2:37.62 41.37	300m:	4:00.26 41.77	400m:	5:21.58 39.59	

Juvenis A, 15 anos

1.	ARAUJO, Maria Clara		05	Naval do Funchal	4:44.77				554
	<i>Minimos Campeonato Nacional - JUV. e ABS.</i>								
	50m:	32.01 32.01	150m:	1:43.43 36.05	250m:	2:56.76 37.00	350m:	4:10.06 36.24	
	100m:	1:07.38 35.37	200m:	2:19.76 36.33	300m:	3:33.82 37.06	400m:	4:44.77 34.71	
2.	NASCIMENTO, Sofia Alexandre		05	Naval do Funchal	5:02.39				462
	50m:	34.05 34.05	150m:	1:50.42 38.89	250m:	3:07.57 38.44	350m:	4:25.05 38.54	
	100m:	1:11.53 37.48	200m:	2:29.13 38.71	300m:	3:46.51 38.94	400m:	5:02.39 37.34	
3.	ABREU, Maria Eduarda		05	Desportivo Nacional	5:31.27				352
	50m:	38.41 38.41	150m:	2:01.98 42.50	250m:	3:27.74 43.05	350m:	4:51.19 41.82	
	100m:	1:19.48 41.07	200m:	2:44.69 42.71	300m:	4:09.37 41.63	400m:	5:31.27 40.08	
4.	LUIS, Mariana Capelo		05	Salesianos do Funchal	5:45.05				311
	50m:	36.69 36.69	150m:	2:02.41 43.72	250m:	3:31.43 44.89	350m:	5:01.18 45.08	
	100m:	1:18.69 42.00	200m:	2:46.54 44.13	300m:	4:16.10 44.67	400m:	5:45.05 43.87	
5.	CARDOSO, Isabel Maria		05	Maritimo	6:01.53				270
	50m:	41.06 41.06	150m:	2:12.13 45.89	250m:	3:44.35 45.39	350m:	5:16.33 45.77	
	100m:	1:26.24 45.18	200m:	2:58.96 46.83	300m:	4:30.56 46.21	400m:	6:01.53 45.20	
DSQ	VIEIRA, Sara Patricia		05	Maritimo					
	<i>403 - Falsa partida - SW 4.4</i>								

Juniores, 16 e 17 anos

1.	CAMACHO, Laura Fernandes		04	Naval do Funchal	4:57.98				483
	50m:	33.62 33.62	150m:	1:49.12 38.15	250m:	3:05.30 38.08	350m:	4:21.74 38.01	
	100m:	1:10.97 37.35	200m:	2:27.22 38.10	300m:	3:43.73 38.43	400m:	4:57.98 36.24	
2.	JESUS, Filipa Mafalda		03	Desportivo Sao Roque	5:11.68				422
	50m:	34.12 34.12	150m:	1:53.01 39.94	250m:	3:13.23 40.04	350m:	4:33.26 39.91	
	100m:	1:13.07 38.95	200m:	2:33.19 40.18	300m:	3:53.35 40.12	400m:	5:11.68 38.42	
3.	OLIVEIRA, Sara Fernandes		04	Salesianos do Funchal	5:11.94				421
	50m:	34.49 34.49	150m:	1:55.20 40.23	250m:	3:15.17 39.57	350m:	4:35.08 39.69	
	100m:	1:14.97 40.48	200m:	2:35.60 40.40	300m:	3:55.39 40.22	400m:	5:11.94 36.86	
4.	ANDRADE, Margarida Fernandes		04	Salesianos do Funchal	5:22.13				382
	50m:	34.68 34.68	150m:	1:54.95 40.95	250m:	3:18.39 41.89	350m:	4:42.60 42.05	
	100m:	1:14.00 39.32	200m:	2:36.50 41.55	300m:	4:00.55 42.16	400m:	5:22.13 39.53	
5.	LECA, Natasha Maria		03	Desportivo Nacional	5:26.42				368
	50m:	35.47 35.47	150m:	1:56.47 41.60	250m:	3:21.38 42.24	350m:	4:44.81 41.61	
	100m:	1:14.87 39.40	200m:	2:39.14 42.67	300m:	4:03.20 41.82	400m:	5:26.42 41.61	
6.	BLANDY, Mischa Blue		04	Salesianos do Funchal	7:23.59				146
	50m:	47.20 47.20	150m:	2:38.01 56.77	250m:	4:33.54 58.06	350m:	6:28.95 57.24	
	100m:	1:41.24 54.04	200m:	3:35.48 57.47	300m:	5:31.71 58.17	400m:	7:23.59 54.64	

Prova 21, Femin., 400m Livres

Seniores, 18 anos e mais velhas

1.	LUIS, Jessica Santos	00	Desportivo Sao Roque	4:58.51	481
	50m: 33.80 33.80	150m: 1:50.55	38.92 250m: 3:07.22	37.99	350m: 4:23.04
	100m: 1:11.63 37.83	200m: 2:29.23	38.68 300m: 3:45.57	38.35	400m: 4:58.51
2.	HERNANDEZ, Marcelis Nativid	99	Maritimo	5:30.29	355
	50m: 34.82 34.82	150m: 1:55.66	41.62 250m: 3:21.59	43.45	350m: 4:48.56
	100m: 1:14.04 39.22	200m: 2:38.14	42.48 300m: 4:05.14	43.55	400m: 5:30.29
3.	TELO, Carla Patricia	71	Naval do Funchal	5:43.64	315
	50m: 39.46 39.46	150m: 2:03.26	42.42 250m: 3:31.89	44.20	350m: 5:00.76
	100m: 1:20.84 41.38	200m: 2:47.69	44.43 300m: 4:16.42	44.53	400m: 5:43.64
4.	CRO, Isabel Matilde	00	Escola O Liceu	6:04.26	264
	50m: 40.87 40.87	150m: 2:12.90	46.85 250m: 3:45.24	46.99	350m: 5:20.23
	100m: 1:26.05 45.18	200m: 2:58.25	45.35 300m: 4:32.69	47.45	400m: 6:04.26

Prova 22

07/03/2020 - 17:53

Masc., 400m Livres

Absoluto

Resultados

Recorde Regional Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

TAC Nacionais Inf B: 4:54.07; Inf A: 4:31.75; Juv B: 4:27.09; Juv A: 4:19.30; Jun17: 4:10.51; Jun18: 4:09.26; Sen19: 4:03.91; 20+: 4:02.70 / TAC Zonais Inf B: 5:05.00; Inf A: 4:53.50

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts		
Infantis B, 13 anos					
1.	NEVES, Tiago Brazao	07	Naval do Funchal	5:08.91	324
	50m: 34.41 34.41	150m: 1:52.28	40.22 250m: 3:12.37	39.95	350m: 4:32.69
	100m: 1:12.06 37.65	200m: 2:32.42	40.14 300m: 3:52.64	40.27	400m: 5:08.91
2.	COSTA, Guilherme Corte	07	Desportivo Nacional	5:28.86	268
	50m: 36.80 36.80	150m: 2:00.12	42.49 250m: 3:24.47	42.29	350m: 4:48.78
	100m: 1:17.63 40.83	200m: 2:42.18	42.06 300m: 4:06.39	41.92	400m: 5:28.86
3.	OLIVEIRA, Afonso Miguel	07	Salesianos do Funchal	5:40.24	242
	50m: 36.98 36.98	150m: 2:04.04	44.22 250m: 3:31.71	43.81	350m: 4:59.56
	100m: 1:19.82 42.84	200m: 2:47.90	43.86 300m: 4:15.73	44.02	400m: 5:40.24
4.	ALVES, Diogo Basilio	07	Salesianos do Funchal	5:40.38	242
	50m: 37.96 37.96	150m: 2:04.66	43.66 250m: 3:32.19	44.01	350m: 4:59.96
	100m: 1:21.00 43.04	200m: 2:48.18	43.52 300m: 4:16.12	43.93	400m: 5:40.38
5.	FERNANDES, Afonso Berimbau	07	Salesianos do Funchal	6:06.64	194
	50m: 42.77 42.77	150m: 2:16.74	46.92 250m: 3:52.44	48.25	350m: 5:25.50
	100m: 1:29.82 47.05	200m: 3:04.19	47.45 300m: 4:39.90	47.46	400m: 6:06.64
6.	NUNES, Duarte Costa	07	Salesianos do Funchal	6:47.54	141
	50m: 47.88 47.88	150m: 2:33.10	53.61 250m: 4:18.12	52.81	350m: 6:01.57
	100m: 1:39.49 51.61	200m: 3:25.31	52.21 300m: 5:10.06	51.94	400m: 6:47.54
DSQ	FERNANDES, Joao Vieira	07	Salesianos do Funchal		
	<i>102 - Não completou a prova - SW 10.2</i>				

Prova 22, Masc., 400m Livres

Infantis A, 14 anos

1.	PAULOS, Joao Afonso	06	Naval do Funchal	4:50.19	391
	<i>Minimos Campeonato Zonal - Infantis</i>				
	50m: 31.42 31.42	150m: 1:43.43	36.58	250m: 2:58.16	37.44
	100m: 1:06.85 35.43	200m: 2:20.72	37.29	300m: 3:35.55	37.39
				350m: 4:13.77	38.22
				400m: 4:50.19	36.42
2.	MACHADO, Bernardo Magalhaes	06	Desportivo Nacional	4:51.35	386
	<i>Minimos Campeonato Zonal - Infantis</i>				
	50m: 32.26 32.26	150m: 1:45.48	36.90	250m: 2:59.44	37.14
	100m: 1:08.58 36.32	200m: 2:22.30	36.82	300m: 3:36.80	37.36
				350m: 4:14.58	37.78
				400m: 4:51.35	36.77
3.	FERRAZ, Luis Afonso	06	Naval do Funchal	4:52.66	381
	<i>Minimos Campeonato Zonal - Infantis</i>				
	50m: 33.47 33.47	150m: 1:48.02	37.78	250m: 3:03.84	37.94
	100m: 1:10.24 36.77	200m: 2:25.90	37.88	300m: 3:41.97	38.13
				350m: 4:19.18	37.21
				400m: 4:52.66	33.48
4.	GONCALVES, Martim Luis	06	Desportivo Nacional	4:52.94	380
	<i>Minimos Campeonato Zonal - Infantis</i>				
	50m: 32.95 32.95	150m: 1:46.69	37.62	250m: 3:02.33	37.94
	100m: 1:09.07 36.12	200m: 2:24.39	37.70	300m: 3:40.20	37.87
				350m: 4:17.60	37.40
				400m: 4:52.94	35.34
5.	GARANITO, Simao Silva	06	Naval do Funchal	4:52.95	380
	<i>Minimos Campeonato Zonal - Infantis</i>				
	50m: 31.74 31.74	150m: 1:46.44	38.67	250m: 3:05.08	39.45
	100m: 1:07.77 36.03	200m: 2:25.63	39.19	300m: 3:43.26	38.18
				350m: 4:19.17	35.91
				400m: 4:52.95	33.78

Juvenis B, 15 anos

1.	DIAS, Andre Vicente	05	Desportivo Nacional	4:20.95	538
	<i>Minimos Campeonato Nacional - JUV. e ABS.</i>				
	50m: 28.99 28.99	150m: 1:33.78	32.84	250m: 2:40.44	33.23
	100m: 1:00.94 31.95	200m: 2:07.21	33.43	300m: 3:14.23	33.79
				350m: 3:48.07	33.84
				400m: 4:20.95	32.88
2.	VOLOZHENIM, Alexandre	05	Naval do Funchal	4:48.12	399
	50m: 31.44 31.44	150m: 1:42.70	36.20	250m: 2:56.97	37.45
	100m: 1:06.50 35.06	200m: 2:19.52	36.82	300m: 3:34.47	37.50
				350m: 4:11.90	37.43
				400m: 4:48.12	36.22
3.	ALVES, Tiago Pires	05	Salesianos do Funchal	5:01.98	347
	50m: 34.51 34.51	150m: 1:51.95	38.63	250m: 3:08.18	37.87
	100m: 1:13.32 38.81	200m: 2:30.31	38.36	300m: 3:45.79	37.61
				350m: 4:24.17	38.38
				400m: 5:01.98	37.81
4.	SOUSA, Luis Miguel	05	Maritimo	5:54.99	213
	50m: 39.32 39.32	150m: 2:09.61	45.55	250m: 3:42.46	45.54
	100m: 1:24.06 44.74	200m: 2:56.92	47.31	300m: 4:29.17	46.71
				350m: 5:14.12	44.95
				400m: 5:54.99	40.87
5.	NUNES, Andre Maltez	05	Desportivo Nacional	5:55.44	212
	50m: 37.69 37.69	150m: 2:06.45	45.12	250m: 3:38.51	46.14
	100m: 1:21.33 43.64	200m: 2:52.37	45.92	300m: 4:26.05	47.54
				350m: 5:12.55	46.50
				400m: 5:55.44	42.89

Juvenis A, 16 anos

1.	ALVES, Paulo Rodrigues	04	Desportivo Nacional	4:14.41	580
	<i>Minimos Campeonato Nacional - JUV. e ABS.</i>				
	50m: 28.41 28.41	150m: 1:33.10	32.45	250m: 2:38.54	32.33
	100m: 1:00.65 32.24	200m: 2:06.21	33.11	300m: 3:10.76	32.22
				350m: 3:42.44	31.68
				400m: 4:14.41	31.97
2.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	4:17.80	558
	<i>Minimos Campeonato Nacional - JUV. e ABS.</i>				
	50m: 29.12 29.12	150m: 1:33.28	32.44	250m: 2:38.90	33.02
	100m: 1:00.84 31.72	200m: 2:05.88	32.60	300m: 3:12.53	33.63
				350m: 3:45.61	33.08
				400m: 4:17.80	32.19

Prova 22, Masc., 400m Livres, Juvenis A, 16 anos

Lugar	Nome		Ano	Clube				Tempo final	Pts			
3.	FERNANDES, Diogo Henrique		04	Naval do Funchal				4:30.42	483			
	50m:	29.64 29.64	150m:	1:35.63	33.79	250m:	2:45.37	34.98	350m:	3:56.34	35.36	
	100m:	1:01.84	32.20	200m:	2:10.39	34.76	300m:	3:20.98	35.61	400m:	4:30.42	34.08
4.	SILVA, Eduardo Rodrigues		04	Salesianos do Funchal				4:48.57	397			
	50m:	33.36 33.36	150m:	1:46.87	37.26	250m:	3:01.32	37.14	350m:	4:14.05	35.99	
	100m:	1:09.61	36.25	200m:	2:24.18	37.31	300m:	3:38.06	36.74	400m:	4:48.57	34.52
5.	AGUILAR, Luis Santos		04	Desportivo Nacional				4:49.85	392			
	50m:	31.82 31.82	150m:	1:44.79	36.72	250m:	2:58.98	37.23	350m:	4:14.52	37.98	
	100m:	1:08.07	36.25	200m:	2:21.75	36.96	300m:	3:36.54	37.56	400m:	4:49.85	35.33
6.	GOMES, Alexandre Monteiro		04	Salesianos do Funchal				5:08.65	325			
	50m:	36.49 36.49	150m:	1:55.90	39.37	250m:	3:15.00	39.78	350m:	4:33.25	39.25	
	100m:	1:16.53	40.04	200m:	2:35.22	39.32	300m:	3:54.00	39.00	400m:	5:08.65	35.40
7.	FERNANDEZ, Joao Guilherme		04	Salesianos do Funchal				5:23.85	281			
	50m:	35.63 35.63	150m:	1:56.97	40.95	250m:	3:19.17	41.27	350m:	4:43.23	41.76	
	100m:	1:16.02	40.39	200m:	2:37.90	40.93	300m:	4:01.47	42.30	400m:	5:23.85	40.62

Juniores, 17 e 18 anos

1.	GOMES, Goncalo Camara		03	Naval do Funchal				4:16.75	564			
	50m:	28.28 28.28	150m:	1:31.32	31.90	250m:	2:36.87	32.87	350m:	3:43.66	33.58	
	100m:	59.42	31.14	200m:	2:04.00	32.68	300m:	3:10.08	33.21	400m:	4:16.75	33.09
2.	LOPES, Pedro Henrique		03	Desportivo Sao Roque				4:27.59	499			
	50m:	29.77 29.77	150m:	1:36.34	33.77	250m:	2:44.49	33.88	350m:	3:53.37	34.49	
	100m:	1:02.57	32.80	200m:	2:10.61	34.27	300m:	3:18.88	34.39	400m:	4:27.59	34.22
3.	VIEIRA, Emanuel Eloi		03	Desportivo Sao Roque				4:58.85	358			
	50m:	32.10 32.10	150m:	1:45.93	37.98	250m:	3:02.84	38.66	350m:	4:20.85	39.28	
	100m:	1:07.95	35.85	200m:	2:24.18	38.25	300m:	3:41.57	38.73	400m:	4:58.85	38.00
4.	CAMACHO, Joao Simao		03	Desportivo Nacional				5:05.35	335			
	50m:	34.15 34.15	150m:	1:51.77	39.55	250m:	3:10.91	39.26	350m:	4:29.06	38.98	
	100m:	1:12.22	38.07	200m:	2:31.65	39.88	300m:	3:50.08	39.17	400m:	5:05.35	36.29

Seniores, 19 anos e mais velhos

1.	FERRO, Henrique Martins		01	Naval do Funchal				4:20.19	542			
	50m:	28.72 28.72	150m:	1:33.09	32.98	250m:	2:39.11	32.93	350m:	3:46.46	33.70	
	100m:	1:00.11	31.39	200m:	2:06.18	33.09	300m:	3:12.76	33.65	400m:	4:20.19	33.73

Prova 23 Femin., 4 x 200m Livres Absoluto
07/03/2020 - 18:18 Resultados

Recorde Regional Absoluto	8:53.55	Clube Naval do Funchal	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	9:02.46	Clube Naval do Funchal	CNF	Porto	05/12/2010
Recorde Regional Jun	9:06.88	Clube Desportivo Nacional	CDN	Funchal	29/07/2016
Recorde Regional Juv A	9:05.39	Clube Desportivo Nacional	CDN	Funchal	09/07/2015
Recorde Regional Juv B	9:17.13	Clube Desportivo Nacional	CDN	Funchal	12/04/2014
Recorde Regional Inf A	9:30.46	Clube Desportivo Nacional	CDN	Funchal	24/07/2013
Recorde Regional Inf B	10:18.86	Clube Naval do Funchal	CNF	Funchal	09/07/2015

TAC Zonais Inf B: 11:06.00; Inf A: 10:25.50 / TAC_estafetas Juv: 9:14.63; Jun: 8:58.78; Sen: 8:48.22

Pontos: FINA 2019

Lugar	Tempo final	Pts
Infantis B, 12 anos		
DSQ Desportivo Nacional 6 Desportivo Nacional		102
<i>N�o completou a prova.</i>		

ALVES, Juliana Rodrigues, BAPTISTA, Ines Sande, PEREIRA, Sofia Jardim, SOARES, Leonor Silva

DSQ Naval do Funchal 8 Naval do Funchal		
<i>111 - Rendi�o antecipada do(a) 3 nadador(a) - SW 10.11</i>		
PEREIRA, Julia Freitas	08	+0,51 38.79 44.34 45.02 43.41 2:51.56
ANDRADE, Matilde Sousa	08	
SILVA, Carolina Pestana	08	-0,09
MACEDO, Diana Camacho	08	

Infantis A, 13 anos

1. Desportivo Nacional 5 Desportivo Nacional		10:39.67	354
MATEUS, Clarisse Vieira	07	+0,73 37.76 43.43 42.74 40.89 2:44.82	
CAMARA, Ines Cruz	07	+0,58 33.25 38.46 39.96 38.95 2:30.62	
GONCALVES, Valentina Jose	07	+0,26 34.41 40.10 42.73 40.41 2:37.65	
TEMTEM, Sara Maria	07	+0,13 39.00 43.79 42.48 41.31 2:46.58	

Juvenis B, 14 anos

1. Naval do Funchal 26 Naval do Funchal		9:49.68	452
DEUS, Ines Portugal	06	+0,62 33.10 36.11 37.48 34.92 2:21.61	
JARDIM, Lara Filipa	06	+0,66 32.59 38.11 39.42 39.23 2:29.35	
FERRO, Maria Leonor	06	+0,30 35.05 38.90 39.88 38.31 2:32.14	
FREITAS, Beatriz Rodrigues	06	+0,34 33.37 36.86 38.32 38.03 2:26.58	
2. Naval do Funchal 62 Naval do Funchal		10:27.60	375
SEQUEIRA, Beatriz Meneses	06	+0,49 34.05 38.03 39.66 39.30 2:31.04	
ABREU, Ana Rodrigues	06	+0,44 35.24 38.83 39.66 39.13 2:32.86	
SOUSA, Maria Beatriz	06	36.87 42.25 43.07 42.26 2:44.45	
ROVERI, Isabel Vasconcelos	06	+0,63 35.52 40.78 41.20 41.75 2:39.25	

Absolutos (categorias distintas)

1. Salesianos do Funchal 1 Salesianos do Funchal		9:48.19	456
FARIA, Laura Pereira	06	+0,72 34.61 40.40 41.18 38.13 2:34.32	
RODRIGUES, Laura Sofia	07	+0,52 33.48 36.85 38.49 38.48 2:27.30	
RAMOS, Barbara Emerick	04	+0,37 33.86 37.03 37.18 36.25 2:24.32	
OLIVEIRA, Sara Fernandes	04	+0,18 31.66 36.24 38.44 35.91 2:22.25	
2. Salesianos do Funchal 2 Salesianos do Funchal		10:23.01	384
CARICHAS, Joana Medeiros	06	+0,62 34.69 39.37 40.58 39.76 2:34.40	
VICTOR, Joana Isabel	91	+0,48 36.85 40.43 42.24 41.05 2:40.57	
GOUVEIA, Susana Isabel	04	+0,68 35.24 41.03 41.91 38.67 2:36.85	
PEREIRA, Joana Marques	06	+0,15 34.08 38.36 40.25 38.50 2:31.19	

Prova 23, Femin., 4 x 200m Livres, Absolutos (categorias distintas)

Lugar	Tempo final	Pts
DSQ Naval do Funchal 7 <i>111 - Rendição antecipada do(a) 3 nadador(a) - SW 10.11</i>		
BAPTISTA, Constanca Ornelas 06 +0,72 37.14 41.23 41.65 39.68	2:39.70	
FIGUEIRA, Madalena Leonor 07		
FREITAS, Maria Raquel 07 -0,09		
RODRIGUES, Beatriz Mendes 07		

Prova 24 Masc., 4 x 200m Livres Absoluto Resultados

07/03/2020 - 18:31							
Recorde Regional Absoluto	7:24.53	Clube Desportivo Nacional	CDN	Leiria			05/12/2009
Recorde Regional Sen	7:24.53	Clube Desportivo Nacional	CDN	Leiria			05/12/2009
Recorde Regional Jun	7:58.03	Clube Naval do Funchal	CNF	Felgueiras			22/12/2013
Recorde Regional Juv A	8:03.78	Clube Naval do Funchal	CNF	Tomar			13/12/2012
Recorde Regional Juv B	8:21.03	Clube Naval do Funchal	CNF	Funchal			11/07/2009
Recorde Regional Inf A	8:35.79	Clube Naval do Funchal	CNF	Funchal			14/07/2007
Recorde Regional Inf B	9:21.64	Clube Naval do Funchal	CNF	Funchal			06/05/2006

TAC Zonais Inf B: 10:20.00; Inf A: 9:54.00 / TAC_estafetas Juv: 8:28.24; Jun: 8:07.07; Sen: 7:50.60

Pontos: FINA 2019

Lugar	Tempo final	Pts
Infantis B, 13 anos		
1. Naval do Funchal 7 <i>Minimos Campeonato Zonal - Infantis</i>	10:10.09	296
PEREIRA, Lucas Santos 07 +0,66 33.48 38.92 40.19 38.46	2:31.05	
ARAUJO, Joao Caldeira 07 +0,27 34.08 40.45 40.92 39.51	2:34.96	
ALMEIDA, Joao Francisco 07 +0,19 33.31 38.73 41.20 40.77	2:34.01	
NEVES, Tiago Brazao 07 +0,48 34.64 39.01 39.68 36.74	2:30.07	
2. Salesianos do Funchal 3 <i>Minimos Campeonato Zonal - Infantis</i>	11:27.81	206
FERNANDES, Afonso Berimbau 07 +0,64 37.47 44.33 45.72 41.73	2:49.25	
NUNES, Duarte Costa 07 +0,38 43.94 52.84 53.86 47.21	3:17.85	
ALVES, Diogo Basilio 07 +0,30 36.83 42.49 43.17 40.95	2:43.44	
OLIVEIRA, Afonso Miguel 07 +0,25 34.69 40.81 42.65 39.12	2:37.27	
3. Desportivo Nacional 8 <i>Minimos Campeonato Zonal - Infantis</i>	12:11.04	172
COSTA, Guilherme Corte 07 +0,59 36.52 42.09 43.98 42.67	2:45.26	
BARBOSA, Joao Camacho 07 +0,15 39.30 46.59 49.02 42.93	2:57.84	
NUNES, Henrique Dias 07 +0,25 40.42 46.19 47.08 44.54	2:58.23	
MARTINS, Tomas Rodrigo 07 47.64 54.05 54.22 53.80	3:29.71	

Infantis A, 14 anos

1. Naval do Funchal 16 <i>Minimos Campeonato Zonal - Infantis</i>	9:40.77	343
ABREU, Joao Francisco 06 +0,65 32.84 36.13 37.09 35.50	2:21.56	
FERRAZ, Luis Afonso 06 +0,43 32.45 36.56 37.48 34.67	2:21.16	
SILVA, Afonso Mar 06 +0,54 35.40 40.32 41.21 39.89	2:36.82	
PITA, Pedro Miguel 06 +0,42 31.87 36.20 37.10 36.06	2:21.23	
2. Naval do Funchal 6 <i>Minimos Campeonato Zonal - Infantis</i>	9:45.46	335
SETIM, Joao Oliveira 06 +0,63 31.94 36.54 38.55 36.35	2:23.38	
GARANITO, Simao Silva 06 +0,54 32.02 36.61 37.84 35.58	2:22.05	
PAULOS, Joao Afonso 06 +0,46 32.25 36.49 37.19 35.51	2:21.44	
CAIRES, Joao Gomes 06 +0,34 35.39 39.90 42.91 40.39	2:38.59	
3. Desportivo Nacional 7 <i>Minimos Campeonato Zonal - Infantis</i>	10:09.66	297
ALVES, Pedro Miguel 06 +0,75 33.33 37.70 39.38 39.36	2:29.77	
MACHADO, Bernardo Magalhaes 06 +0,04 30.94 35.86 36.53 35.57	2:18.90	
GONCALVES, Martim Luis 06 +0,20 32.36 36.37 36.69 34.97	2:20.39	
CARREIRA, Ernani Afonso 06 +0,48 40.77 46.80 47.26 45.77	3:00.60	

Prova 24, Masc., 4 x 200m Livres

Absolutos (categorias distintas)

1.	Naval do Funchal 2		Naval do Funchal					8:11.73	566
	GOMES, Goncalo Camara	03	+0,60	27.94	30.57	31.80	30.91	2:01.22	
	FERRO, Henrique Martins	01	+0,19	27.34	30.57	31.50	31.04	2:00.45	
	GRACA, Fernando Guerreiro	02	+0,21	28.69	32.80	33.79	32.15	2:07.43	
	OLIVEIRA, Pedro Freitas	02	+0,30	27.59	30.68	32.15	32.21	2:02.63	
2.	Naval do Funchal 25		Naval do Funchal					9:01.55	423
	FERNANDES, Diogo Henrique	04	+0,69	28.21	31.64	33.46	33.17	2:06.48	
	LEITAO, Andre Freitas	05	+0,53	32.45	36.16	36.55	34.06	2:19.22	
	VOLOZHENIM, Alexandre	05	+0,34	32.35	36.00	36.60	36.04	2:20.99	
	SOUSA, Lourenco Quintas	05	+0,10	30.76	35.04	35.31	33.75	2:14.86	
3.	Salesianos do Funchal 2		Salesianos do Funchal					9:04.74	416
	VIEIRA, Duarte Nuno	95	+0,65	29.23	32.83	33.95	33.49	2:09.50	
	NUNES, Goncalo Almada	01	+0,16	30.74	35.76	36.31	34.45	2:17.26	
	GOMES, Alexandre Monteiro	04	+0,61	32.69	37.90	40.33	38.53	2:29.45	
	RODRIGUES, Renato Correia	03	+0,39	28.08	32.55	33.83	34.07	2:08.53	
4.	Salesianos do Funchal 1		Salesianos do Funchal					9:20.30	382
	SILVA, Eduardo Rodrigues	04	+0,72	32.74	36.05	37.04	35.41	2:21.24	
	PEREIRA, Jordao Abreu	04	+0,71	32.16	36.59	37.04	35.68	2:21.47	
	ALVES, Tiago Pires	05	+0,37	30.73	34.75	37.24	37.26	2:19.98	
	ALVES, Afonso Pires	05	+0,11	30.32	34.28	36.74	36.27	2:17.61	

3 - 3.^a Jornada / Sessão Única - Domingo de manhã

08/03/2020 - 9:15

Prova 25 Femin., 200m Estilos Absoluto
08/03/2020 - 9:15 Resultados

Recorde Regional Absoluto	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Sen	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Jun17	2:25.85	ROSA, Beatriz Jong	CDWT	Funchal	06/05/2017
Recorde Regional Jun16	2:26.86	ROSA, Beatriz Jong	CDN	Funchal	13/05/2016
Recorde Regional Juv A	2:28.06	ROSA, Beatriz Jong	CDN	Funchal	09/05/2015
Recorde Regional Juv B	2:30.10	SOUSA, Susana Margarida	CFU	Funchal	28/06/1991
Recorde Regional Inf A	2:31.77	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	2:38.90	LOPES, Joana Cristina	CNF	Funchal	01/01/1992

TAC Nacionais Juv A: 2:32.60; Juv B: 2:35.01; Inf A: 2:41.70; Inf B: 2:50.35; Jun16: 2:28.85; Jun17: 2:28.11; Sen18: 2:25.29; 19+: 2:24.57 / TAC Zonais Inf B: 3:00.00; Inf A: 2:52.00

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
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Infantis B, 12 anos

1.	ALVES, Juliana Rodrigues	08	Desportivo Nacional	3:00.60	307	40.10	48.24	50.83	41.43
2.	BAPTISTA, Ines Sande	08	Desportivo Nacional	3:06.68	278	42.88	46.95	54.71	42.14
3.	SOARES, Leonor Silva	08	Desportivo Nacional	3:18.55	231	46.68	49.05	57.10	45.72
4.	PEREIRA, Maria Clara	08	Salesianos do Funchal	3:21.28	221	48.05	51.63	56.30	45.30
5.	NOBREGA, Sara Francisc	08	Desportivo Sao Roque	3:51.17	146	54.24	56.72	1:05.20	55.01

Infantis A, 13 anos

1.	RODRIGUES, Laura Sofia	07	Salesianos do Funchal	2:43.92	410	36.98	41.63	46.12	39.19
<i>Minimos Campeonato Zonal - Infantis</i>									
2.	MATEUS, Clarisse Vieira	07	Desportivo Nacional	2:57.00	326	39.14	46.20	49.89	41.77
3.	FIGUEIRA, Madalena Leor	07	Naval do Funchal	3:02.19	299	40.74	48.81	50.71	41.93
4.	GOUVEIA, Ines Mendes	07	Salesianos do Funchal	3:51.38	146	57.08	52.35	1:12.02	49.93

Juvenis B, 14 anos

1.	COSTA, Maria Jardim	06	Desportivo Nacional	2:30.06	535	32.91	37.69	44.64	34.82
<i>Recorde Regional, Minimos Campeonato Nacional - JUV. e ABS.</i>									
2.	DEUS, Ines Portugal	06	Naval do Funchal	2:38.17	457	35.29	40.45	46.12	36.31
3.	SEQUEIRA, Beatriz Mene	06	Naval do Funchal	2:40.90	434	35.38	41.26	47.18	37.08
4.	DIAS, Julia Alves	06	Desportivo Nacional	2:40.97	433	34.95	39.78	48.75	37.49
5.	PEREIRA, Joana Marques	06	Salesianos do Funchal	2:52.58	352	38.61	44.71	48.01	41.25
6.	FARIA, Laura Pereira	06	Salesianos do Funchal	2:53.57	346	36.68	45.21	52.16	39.52

Juniores, 16 e 17 anos

1.	OLIVEIRA, Sara Fernande	04	Salesianos do Funchal	2:41.74	427	34.13	43.78	48.24	35.59
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Seniores, 18 anos e mais velhas

1.	AGUILAR, Vera Ines	00	Desportivo Nacional	2:36.09	475	31.11	38.33	47.56	39.09
2.	VICTOR, Joana Isabel	91	Salesianos do Funchal	3:02.67	296	38.15	48.72	53.92	41.88

Prova 26 Masc., 200m Estilos Absoluto
08/03/2020 - 9:28 Resultados

Recorde Regional Absoluto	2:05.46	SILVA, Tomas Antonio	CNF	Leiria	14/12/2019
Recorde Regional Sen	2:05.46	SILVA, Tomas Antonio	CNF	Leiria	14/12/2019
Recorde Regional Jun18	2:05.78	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Jun17	2:09.60	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	2:11.61	ALVES, Paulo Rodrigues	CDN	Leiria	14/12/2019
Recorde Regional Juv B	2:11.24	ALVES, Paulo Rodrigues	CDN	Funchal	17/05/2019
Recorde Regional Inf A	2:13.38	FREITAS, Tomas Miguel	CDN	Funchal	17/07/2004
Recorde Regional Inf B	2:20.56	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Nacionais Inf B: 2:39.29; Inf A: 2:30.30; Juv B: 2:21.00; Juv A: 2:17.04; Jun17: 2:12.79; Jun18: 2:12.13; Sen19: 2:09.62; 20+: 2:08.98 / TAC Zonais Inf B: 2:45.00; Inf A: 2:38.00

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Infantis B, 13 anos									
1.	NEVES, Tiago Brazao	07	Naval do Funchal	2:47.51	280	37.64	41.44	49.55	38.88
2.	PEREIRA, Lucas Santos	07	Naval do Funchal	2:48.54	275	35.19	44.91	51.80	36.64
3.	ALMEIDA, Joao Francisco	07	Naval do Funchal	2:51.35	261	35.09	44.09	51.01	41.16
4.	SUSA, Simao Henrique	07	Desportivo Nacional	2:59.92	226	41.03	47.01	49.72	42.16
5.	SMIRNOV, Dmytro	07	Desportivo Sao Roque	3:03.69	212	43.28	45.37	51.75	43.29
6.	FERNANDES, A.	07	Salesianos do Funchal	3:05.19	207	38.31	47.47	57.51	41.90
7.	NUNES, Duarte Costa	07	Salesianos do Funchal	3:41.61	121	57.17	57.53	1:02.89	44.02
DSQ	MARTINS, Tomas Rodrigoc	07	Desportivo Nacional		808				
	<i>Movimento alternado de bra�os durante o percurso (mariposa)</i>								

Infantis A, 14 anos

1.	PITA, Pedro Miguel	06	Naval do Funchal	2:33.48	364	32.03	38.32	46.93	36.20
	<i>Minimos Campeonato Zonal - Infantis</i>								
2.	PAULOS, Joao Afonso	06	Naval do Funchal	2:34.72	355	32.87	40.63	45.36	35.86
	<i>Minimos Campeonato Zonal - Infantis</i>								
3.	ALVES, Pedro Miguel	06	Desportivo Nacional	2:43.94	299	39.41	40.09	46.18	38.26
4.	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	3:08.22	197	39.85	46.16	57.44	44.77
5.	FERNANDES, Afonso Frei	06	Salesianos do Funchal	3:34.71	133	52.62	53.32	1:00.12	48.65

Juvenis B, 15 anos

1.	RODRIGUES, Joao Luis	05	Naval do Funchal	2:26.75	416	30.48	37.97	43.94	34.36
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Juvenis A, 16 anos

1.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	2:33.48	364	32.96	37.62	48.57	34.33
2.	SILVA, Eduardo Rodrigue	04	Salesianos do Funchal	2:33.90	361	33.43	40.05	45.47	34.95
3.	FERNANDEZ, Joao Guilher	04	Salesianos do Funchal	2:55.72	242	37.48	45.34	52.99	39.91
DSQ	NUNES, Afonso Miguel	04	Salesianos do Funchal						
	<i>608 - N�o chegou na posi�o dorsal - SW 6.5</i>								
DSQ	BARRY, Rafael Francisco	04	Naval do Funchal						
	<i>701 - Mais de uma pernada de golfinho durante a bra�ada submarina - SW 7.1</i>								

Juniores, 17 e 18 anos

1.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	2:12.90	561	30.02	33.35	39.30	30.23
2.	FERNANDES, Rui Afonso	03	Desportivo Nacional	2:17.05	511	28.82	34.17	42.84	31.22
3.	MATOS, Rodrigo Vieira	03	Naval do Funchal	2:18.76	493	29.10	38.25	39.17	32.24
4.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	2:33.04	367	36.44	39.78	41.81	35.01
5.	CAMACHO, Joao Simao	03	Desportivo Nacional	2:42.22	308	33.28	41.71	50.38	36.85

Prova 26, Masc., 200m Estilos

Seniores, 19 anos e mais velhos

1. SANTOS, Diego Felipe 87 Desportivo Nacional **2:22.09** 459 30.39 38.12 40.29 33.29

Prova 27

Femin., 50m Mariposa

Absolutos

08/03/2020 - 9:39

Resultados

Recorde Regional Absoluto	28.39	BOULHOSA, Carolina Abreu	CNF	Funchal	09/12/2016
Recorde Regional Sen	28.91	OLIM, Carlota Freitas	CNF	Funchal	22/03/2012
Recorde Regional Sen	28.91	GOMES, Susana Clara	CNF	Felgueiras	22/12/2013
Recorde Regional Jun17	29.28	OLIM, Carlota Freitas	CNF	Funchal	24/10/2009
Recorde Regional Jun16	28.39	BOULHOSA, Carolina Abreu	CNF	Funchal	09/12/2016
Recorde Regional Juv A	29.26	BOULHOSA, Carolina Abreu	CNF	Funchal	29/07/2016
Recorde Regional Juv B	30.23	ROSA, Beatriz Jong	CDN	Funchal	13/03/2014

TAC Nacionais Juv B: 30.73; Juv A: 30.73; Jun16: 30.73; Jun17: 30.58; Sen18: 29.87; 19 +: 29.72

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts
Juvenis B, 14 anos				
1.	06	TEMBE, Ines Afonso Desportivo Nacional	34.76	345
2.	06	SOUSA, Ivana Valentina Desportivo Nacional	34.95	339
3.	06	BAPTISTA, Constanca Ornelas Naval do Funchal	35.12	334

Juvenis A, 15 anos

1.	05	NASCIMENTO, Sofia Alexandre Naval do Funchal	34.24	360
2.	05	BARROS, Ana Carolina Salesianos do Funchal	40.64	215
3.	05	TEIXEIRA, Daniela Nobrega Desportiva da Camacha	46.26	146

Juniores, 16 e 17 anos

1.	04	SOUSA, Joana Francisca Desportivo Sao Roque	30.85	493
2.	04	RAMOS, Barbara Emerick Salesianos do Funchal	33.29	392
3.	04	CAMACHO, Laura Fernandes Naval do Funchal	33.44	387
4.	04	GOUVEIA, Susana Isabel Salesianos do Funchal	37.68	270
5.	04	SOARES, Ines Silva Desportivo Nacional	39.85	228
6.	04	BLANDY, Mischa Blue Salesianos do Funchal	49.61	118

Seniores, 18 anos e mais velhas

1.	00	CRO, Isabel Matilde Escola O Liceu	35.73	317
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Prova 28 Masc., 50m Mariposa Absolutos
08/03/2020 - 9:42 Resultados

Recorde Regional Absoluto	24.91	MARQUES, Miguel Freitas	CEOL	Funchal	26/03/2018
Recorde Regional Sen	24.91	MARQUES, Miguel Freitas	CEOL	Funchal	26/03/2018
Recorde Regional Jun18	25.13	SEQUEIRA, Afonso Meneses	CNF	Funchal	09/12/2016
Recorde Regional Jun17	25.56	SEQUEIRA, Afonso Meneses	CNF	Porto	13/12/2015
Recorde Regional Juv A	26.20	CASTRO, Joao Cruz	CDSR	Funchal	09/07/2016
Recorde Regional Juv B	27.07	VARGAS, Henrique Luis	CNF	Funchal	24/07/2013

TAC Nacionais Juv B: 26.73; Juv A: 26.73; Jun17: 26.73; Jun18: 26.59; Sen19: 25.96; 20 +: 25.83

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
Juvenis B, 15 anos			
1. ALVES, Luis Fernandez	05 Desportivo Nacional	35.38	232
Juvenis A, 16 anos			
1. RODRIGUES, Rodrigo Reis	04 Desportivo Sao Roque	29.28	409
2. BARRY, Rafael Francisco	04 Naval do Funchal	29.45	402
3. GOMES, Alexandre Monteiro	04 Salesianos do Funchal	29.97	382
4. MACHADO, Tiago Magalhaes	04 Desportivo Nacional	30.29	370
Juniores, 17 e 18 anos			
1. ALVES, Afonso Pinto	02 Naval do Funchal	26.92	527
2. GRACA, Fernando Guerreiro	02 Naval do Funchal	28.00	468
3. RODRIGUES, Renato Correia	03 Salesianos do Funchal	28.01	468
4. OLIVEIRA, Pedro Freitas	02 Naval do Funchal	28.88	427
5. BAPTISTA, Tiago Ornelas	03 Naval do Funchal	29.45	402
6. MELIM, Bruno Pontes	03 Salesianos do Funchal	30.60	359
7. ABREU, Nuno Afonso	03 Naval do Funchal	31.98	314
8. KOVAL, Igor	03 Desportivo Nacional	32.51	299
9. LUIS, Francisco Sousa	03 Desportivo Nacional	33.28	279
10. DINIS, Fernando Jose	02 Desportivo Sao Roque	42.54	133
Seniores, 19 anos e mais velhos			
1. FERREIRA, Miguel Goncalves	93 Desportivo Nacional	26.02	584
2. AGUIAR, Joao Menezes	97 Naval do Funchal	26.68	541
3. MARCOS, Joao Freitas	01 Escola O Liceu	28.47	445
4. NUNES, Goncalo Almada	01 Salesianos do Funchal	30.09	377

Prova 29 Femin., 100m Costas Absoluto
08/03/2020 - 9:45 Resultados

Recorde Regional Absoluto	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Sen	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Jun17	1:06.59	ROSA, Beatriz Jong	CDWT	Funchal	11/12/2016
Recorde Regional Jun16	1:05.65	ROSA, Beatriz Jong	CDN	Funchal	05/03/2016
Recorde Regional Juv A	1:07.64	ROSA, Beatriz Jong	CDN	Funchal	09/05/2015
Recorde Regional Juv A	1:07.64	AGUILAR, Vera Ines	CDN	Funchal	11/07/2015
Recorde Regional Juv B	1:08.35	AGUILAR, Vera Ines	CDN	Funchal	10/04/2014
Recorde Regional Inf A	1:10.41	COSTA, Maria Jardim	CDN	Funchal	08/06/2019
Recorde Regional Inf B	1:13.20	LOPES, Joana Cristina	CNF	Funchal	15/02/1992

TAC Nacionais Inf B: 1:23.71; Inf A: 1:18.10; Juv B: 1:11.31; Juv A: 1:10.08; Jun16: 1:08.45; Jun17: 1:08.11; Sen18: 1:06.78;
19+: 1:06.45 / TAC Zonais Inf B: 1:24.00; Inf A: 1:18.50

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m
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Infantis B, 12 anos

1.	SILVA, Carolina Pestana	08	Naval do Funchal	1:26.51	257	42.72	43.79
2.	ALVES, Margarida Jesus	08	Desportivo Nacional	1:35.30	192	45.82	49.48
3.	PEREIRA, Sofia Jardim	08	Desportivo Nacional	1:39.47	169	48.38	51.09
4.	MELIM, Ana Luisa	08	Salesianos do Funchal	1:51.70	119	54.84	56.86

Infantis A, 13 anos

1.	GONCALVES, Valentina Jose	07	Desportivo Nacional	1:17.82	353	38.01	39.81
<i>Minimos Campeonato Nacional - Infantis, Minimos Campeonato Zonal - Infantis</i>							
2.	CAMARA, Ines Cruz	07	Desportivo Nacional	1:20.23	322	38.37	41.86
3.	TEMTEM, Sara Maria	07	Desportivo Nacional	1:26.11	260	42.37	43.74
4.	RODRIGUES, Beatriz Mendes	07	Naval do Funchal	1:31.60	216	45.20	46.40
5.	GOUVEIA, Ines Mendes	07	Salesianos do Funchal	1:37.77	178	47.86	49.91
6.	RODRIGUES, Ines Costa	07	Desportivo Nacional	1:42.88	153	50.30	52.58

Juvenis B, 14 anos

1.	JARDIM, Lara Filipa	06	Naval do Funchal	1:15.27	390	36.05	39.22
2.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	1:17.33	360	37.11	40.22
3.	CANADA, Maria Elvira	06	Desportivo Nacional	1:17.48	358	37.61	39.87
4.	SOUSA, Maria Beatriz	06	Naval do Funchal	1:21.41	308	39.46	41.95
5.	TEIXEIRA, Cristina Martins	06	Desportiva da Camacha	1:40.49	164	48.86	51.63

Juvenis A, 15 anos

1.	JARDIM, Teresa Vieira	05	Naval do Funchal	1:14.68	400	35.44	39.24
2.	ABREU, Maria Eduarda	05	Desportivo Nacional	1:23.82	282	41.49	42.33
3.	LUIS, Mariana Capelo	05	Salesianos do Funchal	1:24.97	271	41.22	43.75
4.	NOBREGA, Maria Trindade	05	Desportivo Nacional	1:35.36	192	46.86	48.50

Juniores, 16 e 17 anos

1.	FERREIRA, Maria Leonor	04	Desportivo Nacional	1:08.11	527	32.84	35.27
<i>Minimos Campeonato Nacional - JUV. e ABS.</i>							
2.	GONCALVES, Maria Margarida	04	Naval do Funchal	1:12.36	439	34.62	37.74
3.	ANDRADE, Margarida Fernand	04	Salesianos do Funchal	1:23.90	282	39.44	44.46

Seniores, 18 anos e mais velhas

1.	FREITAS, Filipa Jardim	76	Desportivo Nacional	1:16.90	366	37.58	39.32
2.	FERNANDES, Francisca Oliveii	02	Escola O Liceu	1:29.64	231	43.33	46.31

Prova 30 Masc., 100m Costas Absoluto
08/03/2020 - 9:53 Resultados

Recorde Regional Absoluto	57.39	FERNANDES, Rui Afonso	CDN	Leiria	14/12/2019
Recorde Regional Sen	57.93	PINTO, Luis Marques	CDN	Funchal	09/05/2009
Recorde Regional Jun18	57.43	FERNANDES, Joao Manuel	CNF	Porto	20/12/2014
Recorde Regional Jun17	57.39	FERNANDES, Rui Afonso	CDN	Leiria	14/12/2019
Recorde Regional Juv A	59.07	FERNANDES, Rui Afonso	CDN	Tomar	14/12/2018
Recorde Regional Juv B	1:00.51	FERNANDES, Rui Afonso	CDN	Funchal	26/03/2018
Recorde Regional Inf A	1:03.46	FERNANDES, Rui Afonso	CDN	Funchal	27/07/2017
Recorde Regional Inf B	1:06.87	CAMACHO, Afonso Caires	CNF	Sines	07/04/2017

TAC Nacionais Inf B: 1:16.75; Inf A: 1:12.40; Juv B: 1:04.49; Juv A: 1:02.85; Jun17: 1:00.48; Jun18: 1:00.18; Sen19: 58.65;
20+: 58.36 / TAC Zonais Inf B: 1:17.00; Inf A: 1:12.70

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m
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Infantis B, 13 anos

1.	OLIVEIRA, Afonso Miguel	07	Salesianos do Funchal	1:17.45	251	37.24	40.21
2.	FERNANDES, Joao Vieira	07	Salesianos do Funchal	1:41.97	110	49.84	52.13
3.	BARBOSA, Joao Camacho	07	Desportivo Nacional	1:42.24	109	48.02	54.22

Infantis A, 14 anos

1.	MACHADO, Bernardo Magalhaes	06	Desportivo Nacional	1:11.30	322	34.00	37.30
	<i>Minimos Campeonato Nacional - Infantis, Minimos Campeonato Zonal - Infantis</i>						
2.	GONCALVES, Martim Luis	06	Desportivo Nacional	1:11.89	314	35.17	36.72
	<i>Minimos Campeonato Nacional - Infantis, Minimos Campeonato Zonal - Infantis</i>						
3.	SILVA, Joao Luis	06	Escola O Liceu	1:12.46	306	35.27	37.19
	<i>Minimos Campeonato Zonal - Infantis</i>						
4.	ALVES, Pedro Miguel	06	Desportivo Nacional	1:15.39	272	36.93	38.46
5.	GARANITO, Simao Silva	06	Naval do Funchal	1:17.02	255	37.76	39.26

Juvenis B, 15 anos

1.	OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	1:03.18	463	30.56	32.62
	<i>Minimos Campeonato Nacional - JUV. e ABS.</i>						
2.	GOUVEIA, Luis Galvao	05	Desportivo Nacional	1:03.22	462	30.38	32.84
	<i>Minimos Campeonato Nacional - JUV. e ABS.</i>						
3.	RODRIGUES, Joao Luis	05	Naval do Funchal	1:06.31	400	31.53	34.78
4.	ALVES, Andre Camara	05	Desportivo Nacional	1:16.44	261	37.22	39.22
5.	MENDES, Juan Diego	05	Desportivo Nacional	1:30.87	155	44.65	46.22

Juniores, 17 e 18 anos

1.	GOMES, Goncalo Camara	03	Naval do Funchal	59.84	545	28.80	31.04
	<i>Minimos Campeonato Nacional - JUV. e ABS.</i>						
2.	SILVA, Joao Jesus	02	Salesianos do Funchal	1:01.06	513	29.25	31.81
3.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	1:03.88	448	30.69	33.19
4.	NASCIMENTO, Diogo Andre	02	Naval do Funchal	1:08.17	368	32.70	35.47

Seniores, 19 anos e mais velhos

1.	SILVA, Tomas Antonio	01	Naval do Funchal	58.28	589	27.76	30.52
	<i>Minimos Campeonato Nacional - JUV. e ABS.</i>						

Prova 31 Femin., 50m Livres Absolutos
08/03/2020 - 9:57 Resultados

Recorde Regional Absoluto	26.39	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	26.39	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun17	27.71	OLIM, Carlota Freitas	CNF	Funchal	21/11/2009
Recorde Regional Jun16	27.57	AGUILAR, Vera Ines	CDN	Porto	12/12/2015
Recorde Regional Juv A	27.55	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	28.33	AGUILAR, Vera Ines	CDN	Funchal	12/04/2014

TAC Nacionais Juv B: 28.30; Juv A: 28.30; Jun16: 28.30; Jun17: 28.16; Sen18: 27.82; 19 +: 27.68

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts
Juvenis B, 14 anos				
1.	06	COSTA, Maria Jardim Desportivo Nacional	29.13	487
2.	06	ROVERI, Isabel Vasconcelos Naval do Funchal	33.26	327
3.	06	TEIXEIRA, Cristina Martins Desportiva da Camacha	38.63	209
Juvenis A, 15 anos				
1.	05	NASCIMENTO, Sofia Alexandre Naval do Funchal	30.06	443
2.	05	GOMES, Madalena Sousa Naval do Funchal	32.57	348
3.	05	LUIS, Mariana Capelo Salesianos do Funchal	34.52	293
4.	05	TEIXEIRA, Daniela Nobrega Desportiva da Camacha	38.89	204
Juniores, 16 e 17 anos				
1.	03	FERNANDES, Ana Catarina Naval do Funchal	30.40	429
2.	03	LECA, Natasha Maria Desportivo Nacional	30.62	419
3.	04	ANDRADE, Margarida Fernandes Salesianos do Funchal	31.42	388
4.	03	JESUS, Filipa Mafalda Desportivo Sao Roque	31.60	382
5.	04	JESUS, Mariana Caires Salesianos do Funchal	31.87	372
6.	04	SOARES, Ines Silva Desportivo Nacional	34.71	288
Seniores, 18 anos e mais velhas				
1.	00	AGUILAR, Vera Ines Desportivo Nacional	28.10	543
2.	00	LUIS, Jessica Santos Desportivo Sao Roque	30.57	422
3.	00	CRO, Isabel Matilde Escola O Liceu	34.86	284

Prova 32 Masc., 50m Livres Absolutos
08/03/2020 - 10:00 Resultados

Recorde Regional Absoluto	22.77	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	22.77	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	23.64	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	23.82	CASTRO, Joao Cruz	CDSR	Funchal	10/12/2016
Recorde Regional Juv A	24.00	CASTRO, Joao Cruz	CDSR	Funchal	27/07/2016
Recorde Regional Juv B	24.46	CASTRO, Joao Cruz	CDSR	Funchal	11/07/2015

TAC Nacionais Juv B: 24.66; Juv A: 24.66; Jun17: 24.66; Jun18: 24.53; Sen19: 24.16; 20 +: 24.04

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
Juvenis B, 15 anos			
1. ALVES, Luis Fernandez	05 Desportivo Nacional	30.98	279
Juvenis A, 16 anos			
1. FERNANDES, Diogo Henrique	04 Naval do Funchal	25.44	505
2. MACHADO, Tiago Magalhaes	04 Desportivo Nacional	27.58	396
3. LEAL, Diogo Silva	04 Salesianos do Funchal	27.95	380
4. GOMES, Alexandre Monteiro	04 Salesianos do Funchal	28.59	355
5. URDANETA, Lisandro Alberto	04 Desportivo Nacional	29.75	315
6. GANANCA, Tiago Rodrigues	04 Naval do Funchal	34.66	199
Juniores, 17 e 18 anos			
1. ALVES, Afonso Pinto	02 Naval do Funchal	26.14	465
2. RODRIGUES, Renato Correia	03 Salesianos do Funchal	26.18	463
3. OLIVEIRA, Pedro Freitas	02 Naval do Funchal	26.30	457
4. FARIA, Joao Pedro	03 Naval do Funchal	27.00	422
5. BAPTISTA, Tiago Ornelas	03 Naval do Funchal	27.70	391
6. MELIM, Bruno Pontes	03 Salesianos do Funchal	28.01	378
7. ABREU, Nuno Afonso	03 Naval do Funchal	28.50	359
8. CAMACHO, Joao Simao	03 Desportivo Nacional	28.60	355
9. NASCIMENTO, Diogo Andre	02 Naval do Funchal	28.64	353
10. LUIS, Francisco Sousa	03 Desportivo Nacional	29.11	337
11. KOVAL, Igor	03 Desportivo Nacional	30.11	304
12. DINIS, Fernando Jose	02 Desportivo Sao Roque	37.28	160
Seniores, 19 anos e mais velhos			
1. QUINTAL, Nuno Alexandre	99 Desportivo Nacional	24.83	543
2. SOUSA, Tiago Ferreira	91 Desportivo Nacional	24.95	535
3. FERREIRA, Miguel Goncalves	93 Desportivo Nacional	25.88	479
4. CAMARA, Duarte Miguel	75 Desportivo Nacional	32.66	238

Prova 33 Femin., 100m Bruços Absoluto
08/03/2020 - 10:04 Resultados

Recorde Regional Absoluto	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Sen	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Jun17	1:14.11	ABREU, Laura Catarina	CDW/T	Funchal	09/12/2016
Recorde Regional Jun16	1:14.28	ABREU, Laura Catarina	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:13.75	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	1:13.68	ABREU, Laura Catarina	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:17.24	ABREU, Laura Catarina	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:21.89	RODRIGUES, Laura Sofia	JACL	Funchal	12/07/2019

TAC Nacionais Inf B: 1:34.70; Inf A: 1:30.20; Juv B: 1:21.61; Juv A: 1:20.47; Jun16: 1:18.00; Jun17: 1:17.61; Sen18: 1:15.79; 19+: 1:15.41 / TAC Zonais Inf B: 1:35.00; Inf A: 1:30.50

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m
Infantis B, 12 anos						
1.	08	BAPTISTA, Ines Sande	1:37.01	265	46.74	50.27
2.	08	PEREIRA, Maria Clara	1:38.19	256	46.19	52.00
3.	08	PEREIRA, Julia Freitas	1:38.68	252	46.34	52.34
4.	08	SOARES, Leonor Silva	1:47.15	197	50.99	56.16
5.	08	PEREIRA, Sofia Jardim	1:55.16	158	54.98	1:00.18
6.	08	NOBREGA, Sara Francisca	1:59.55	141	57.24	1:02.31
Infantis A, 13 anos						
1.	07	FREITAS, Maria Raquel	1:34.32	289	43.68	50.64
2.	07	ERRA, Clara Patricia	1:44.66	211	50.18	54.48
3.	07	ALVES, Beatriz Abreu	1:55.17	158	52.74	1:02.43
Juvenis B, 14 anos						
1.	06	DEUS, Ines Portugal	1:24.33	404	39.93	44.40
2.	06	PEREIRA, Joana Marques	1:27.55	361	41.01	46.54
3.	06	DIAS, Julia Alves	1:28.71	347	41.85	46.86
4.	06	ABREU, Ana Rodrigues	1:29.21	341	42.09	47.12
5.	06	SEQUEIRA, Beatriz Meneses	1:29.41	339	42.47	46.94
Juvenis A, 15 anos						
1.	05	GOMES, Madalena Sousa	1:36.46	270	44.97	51.49
2.	05	SILVA, Maria Fabiana	1:40.58	238	46.67	53.91
3.	05	ANDRADE, Maria Beatriz	1:50.70	178	52.51	58.19
4.	05	BARROS, Ana Carolina	1:51.74	173	52.40	59.34
Juniores, 16 e 17 anos						
1.	03	FERNANDES, Ana Catarina	1:20.45	465	37.94	42.51
2.	04	RAMOS, Barbara Emerick	1:30.71	324	43.65	47.06
3.	03	REBELO, Filipa Margarida	1:32.60	305	36.82	55.78
4.	04	BLANDY, Mischa Blue	2:00.03	140	56.59	1:03.44
Seniores, 18 anos e mais velhas						
1.	71	TELO, Carla Patricia	1:35.84	275	44.70	51.14

Prova 34 Masc., 100m Bruços Absoluto
08/03/2020 - 10:11 Resultados

Recorde Regional Absoluto	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Sen	1:04.47	MOURA, Vitor Diogo	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Jun17	1:06.54	SILVA, Tomas Antonio	CNF	Funchal	10/06/2018
Recorde Regional Juv A	1:06.85	DEUS, Andre Portugal	CNF	Funchal	25/11/2017
Recorde Regional Juv B	1:06.23	ALVES, Paulo Rodrigues	CDN	Funchal	18/05/2019
Recorde Regional Inf A	1:09.94	ALVES, Paulo Rodrigues	CDN	Funchal	31/07/2018
Recorde Regional Inf B	1:11.63	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Nacionais Inf B: 1:27.22; Inf A: 1:21.70; Juv B: 1:13.51; Juv A: 1:11.68; Jun17: 1:08.01; Jun18: 1:07.67; Sen19: 1:05.98; 20+: 1:05.66 / TAC Zonais Inf B: 1:27.50; Inf A: 1:22.00

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m
Infantis B, 13 anos						
1.	07	ARAÚJO, Joao Caldeira	1:31.87	221	43.27	48.60
2.	07	SMIRNOV, Dmytro	1:32.24	219	43.13	49.11
3.	07	OLIVEIRA, Afonso Miguel	1:36.01	194	45.55	50.46
4.	07	CARVALHO, Joaquim Eduardo	1:45.81	145	49.57	56.24
5.	07	ALVES, Diogo Basilio	1:46.28	143	50.86	55.42
6.	07	FERNANDES, Afonso Berimba	1:50.31	128	52.03	58.28
7.	07	MARTINS, Tomas Rodrigo	1:51.31	124	52.80	58.51
8.	07	FERNANDES, Joao Vieira	2:49.44	35	1:20.57	1:28.87
DSQ	07	GOUVEIA, Martim Jose				
		403 - Falsa partida - SW 4.4				

Infantis A, 14 anos

1.	06	SETIM, Joao Oliveira	1:24.03	289	39.33	44.70
2.	06	SILVA, Afonso Mar	1:25.00	280	39.34	45.66
3.	06	NACHYCHKO, Maximo	1:32.61	216	42.65	49.96
4.	06	CASTRO, Mateus Pereira	1:34.07	206	44.23	49.84
5.	06	TEMES, Joao Caires	1:37.07	188	48.20	48.87
6.	06	CARREIRA, Ermani Afonso	1:44.89	149	49.84	55.05
7.	06	FERNANDES, Afonso Freitas	1:45.79	145	49.69	56.10
8.	06	STEFLEA, Andre Sergio	1:48.24	135	51.18	57.06
DSQ	06	CAIRES, Joao Gomes				
		403 - Falsa partida - SW 4.4				

Juvenis B, 15 anos

1.	05	GOUVEIA, Luis Galvao	1:13.45	433	35.03	38.42
		Minimos Campeonato Nacional - JUV. e ABS.				
2.	05	SILVA, Tony Stefano	1:14.70	412	33.44	41.26
3.	05	OLIVEIRA, Diogo Alexandre	1:15.78	395	35.53	40.25
4.	05	LEITAO, Andre Freitas	1:16.01	391	35.87	40.14
5.	05	ALVES, Afonso Pires	1:16.96	377	35.86	41.10
6.	05	SOUSA, Lourenco Quintas	1:18.35	357	36.50	41.85
7.	05	VOLOZHENIM, Alexandre	1:19.25	345	36.57	42.68
8.	05	ALVES, Andre Camara	1:20.57	328	38.28	42.29
9.	05	ALVES, Tiago Pires	1:22.80	302	38.40	44.40
10.	05	CORREIA, Rodrigo Ramos	1:30.55	231	42.09	48.46

Juvenis A, 16 anos

1.	04	FERNANDES, Martim Pestana	1:07.66	555	32.11	35.55
		Minimos Campeonato Nacional - JUV. e ABS.				
2.	04	RODRIGUES, Rodrigo Reis	1:16.20	388	36.63	39.57
3.	04	NUNES, Afonso Miguel	1:19.68	339	37.70	41.98
4.	04	SILVA, Eduardo Rodrigues	1:25.02	279	40.89	44.13

Prova 34, Masc., 100m Bruços, Juvenis A, 16 anos

Lugar	Ano	Tempo final	Pts	50m	100m
5. FERNANDEZ, Joao Guilherme	04 Salesianos do Funchal	1:32.49	217	44.23	48.26
DSQ PEREIRA, Jordao Abreu	04 Salesianos do Funchal				
<i>720 - Toque alternado na viragem aos 50 m - SW 7.6</i>					

Juniores, 17 e 18 anos

1. MATOS, Rodrigo Vieira	03 Naval do Funchal	1:09.74	507	33.01	36.73
2. PAULOS, Francisco Silva	02 Naval do Funchal	1:10.70	486	32.99	37.71
3. FERNANDES, Rui Afonso	03 Desportivo Nacional	1:12.83	445	34.07	38.76
4. VIEIRA, Emanuel Eloi	03 Desportivo Sao Roque	1:16.84	379	36.15	40.69
DSQ LOPES, Pedro Henrique	03 Desportivo Sao Roque				
<i>720 - Toque alternado na viragem aos 50 m - SW 7.6</i>					
DSQ AGUIAR, Pedro Ferreira	03 Naval do Funchal				
<i>722 - Tocou com uma mão na parede na viragem aos 50 m - SW 7.6</i>					

Seniores, 19 anos e mais velhos

1. SANTOS, Diego Felipe	87 Desportivo Nacional	1:11.20	476	33.24	37.96
2. MARCOS, Joao Freitas	01 Escola O Liceu	1:13.00	442	34.47	38.53
3. FERREIRA, Luis Duarte	89 Escola O Liceu	1:16.20	388	35.43	40.77
4. VIEIRA, Duarte Nuno	95 Salesianos do Funchal	1:17.62	367	36.19	41.43

Prova 35 Femin., 800m Livres

08/03/2020 - 10:23

Absoluto
Resultados

Recorde Regional Absoluto	9:12.66	ANDRADE, Rubina Amaro	CDN	Alges	17/03/1995
Recorde Regional Sen	9:21.09	ANDRADE, Rubina Amaro	CDN	Estoril	07/03/1997
Recorde Regional Jun17	9:13.81	ANDRADE, Rubina Amaro	CDN	Funchal	13/07/1996
Recorde Regional Jun16	9:12.66	ANDRADE, Rubina Amaro	CDN	Alges	17/03/1995
Recorde Regional Juv A	9:14.78	ANDRADE, Rubina Amaro	CDN	Braga	04/03/1994
Recorde Regional Juv B	9:15.96	ANDRADE, Rubina Amaro	CDN	Alges	16/02/1993
Recorde Regional Inf A	9:40.30	ANDRADE, Rubina Amaro	CDN	Funchal	15/02/1992
Recorde Regional Inf B	10:13.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/06/1991

TAC Nacionais Inf B: 10:44.28; Inf A: 10:10.09; Juv B: 10:02.02; Juv A: 9:53.10; Jun16: 9:40.74; Jun17: 9:37.85; Sen18: 9:23.25; 19+: 9:20.44 / TAC Zonais Inf B: 11:36.00; Inf A: 10:45.00

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
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Infantis B, 12 anos

1. ANDRADE, Matilde Sousa	08 Naval do Funchal	11:31.38	333								
<i>Minimos Campeonato Zonal - Infantis</i>											
100m:	1:21.99	1:21.99	300m:	4:17.90	1:27.86	500m:	7:15.04	1:27.57	700m:	10:07.79	1:26.13
200m:	2:50.04	1:28.05	400m:	5:47.47	1:29.57	600m:	8:41.66	1:26.62	800m:	11:31.38	1:23.59
2. ALVES, Juliana Rodrigues	08 Desportivo Nacional	12:01.03	293								
100m:	1:24.79	1:24.79	300m:	4:27.65	1:31.72	500m:	7:31.04	1:31.55	700m:	10:34.90	1:30.28
200m:	2:55.93	1:31.14	400m:	5:59.49	1:31.84	600m:	9:04.62	1:33.58	800m:	12:01.03	1:26.13

Infantis A, 13 anos

1. RODRIGUES, Laura Sofia	07 Salesianos do Funchal	10:42.00	416								
<i>Minimos Campeonato Zonal - Infantis</i>											
100m:	1:14.93	1:14.93	300m:	3:55.43	1:21.08	500m:	6:38.99	1:22.20	700m:	9:23.32	1:22.24
200m:	2:34.35	1:19.42	400m:	5:16.79	1:21.36	600m:	8:01.08	1:22.09	800m:	10:42.00	1:18.68
2. ERRA, Clara Patricia	07 Salesianos do Funchal	14:29.44	167								
100m:	1:38.17	1:38.17	300m:	5:18.02	1:51.74	500m:	9:03.78	1:53.33	700m:	12:43.29	1:47.84
200m:	3:26.28	1:48.11	400m:	7:10.45	1:52.43	600m:	10:55.45	1:51.67	800m:	14:29.44	1:46.15

Prova 35, Femin., 800m Livres

Juvenis B, 14 anos

1.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	10:04.43	498
	100m: 1:11.90 1:11.90	300m: 3:43.11 1:15.89	500m: 6:16.43 1:17.17	700m: 8:50.41 1:16.91	
	200m: 2:27.22 1:15.32	400m: 4:59.26 1:16.15	600m: 7:33.50 1:17.07	800m: 10:04.43 1:14.02	
2.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	10:21.81	458
	100m: 1:13.23 1:13.23	300m: 3:48.59 1:17.71	500m: 6:25.29 1:18.30	700m: 9:03.96 1:19.47	
	200m: 2:30.88 1:17.65	400m: 5:06.99 1:18.40	600m: 7:44.49 1:19.20	800m: 10:21.81 1:17.85	
3.	FREITAS, Margarida Ramos	06	Desportivo Nacional	10:25.94	449
	100m: 1:12.35 1:12.35	300m: 3:49.10 1:19.24	500m: 6:29.80 1:20.44	700m: 9:09.47 1:19.34	
	200m: 2:29.86 1:17.51	400m: 5:09.36 1:20.26	600m: 7:50.13 1:20.33	800m: 10:25.94 1:16.47	
4.	FERRO, Maria Leonor	06	Naval do Funchal	10:37.19	425
	100m: 1:14.24 1:14.24	300m: 3:56.44 1:21.61	500m: 6:38.88 1:20.81	700m: 9:20.11 1:20.72	
	200m: 2:34.83 1:20.59	400m: 5:18.07 1:21.63	600m: 7:59.39 1:20.51	800m: 10:37.19 1:17.08	
5.	CANADA, Maria Elvira	06	Desportivo Nacional	10:51.59	398
	100m: 1:16.77 1:16.77	300m: 3:59.78 1:20.44	500m: 6:45.21 1:22.66	700m: 9:31.57 1:22.98	
	200m: 2:39.34 1:22.57	400m: 5:22.55 1:22.77	600m: 8:08.59 1:23.38	800m: 10:51.59 1:20.02	
6.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	10:58.13	386
	100m: 1:16.77 1:16.77	300m: 4:03.37 1:23.51	500m: 6:52.37 1:23.89	700m: 9:39.02 1:22.52	
	200m: 2:39.86 1:23.09	400m: 5:28.48 1:25.11	600m: 8:16.50 1:24.13	800m: 10:58.13 1:19.11	
7.	SOUSA, Ivana Valentina	06	Desportivo Nacional	11:13.04	361
	100m: 1:20.46 1:20.46	300m: 4:10.72 1:24.95	500m: 7:00.90 1:24.94	700m: 9:51.24 1:25.34	
	200m: 2:45.77 1:25.31	400m: 5:35.96 1:25.24	600m: 8:25.90 1:25.00	800m: 11:13.04 1:21.80	
8.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	11:15.08	357
	100m: 1:21.74 1:21.74	300m: 4:16.53 1:27.80	500m: 7:08.22 1:25.62	700m: 9:55.89 1:23.42	
	200m: 2:48.73 1:26.99	400m: 5:42.60 1:26.07	600m: 8:32.47 1:24.25	800m: 11:15.08 1:19.19	
9.	FARIA, Laura Pereira	06	Salesianos do Funchal	11:21.49	347
	100m: 1:19.34 1:19.34	300m: 4:13.69 1:27.50	500m: 7:08.28 1:27.30	700m: 10:01.82 1:26.06	
	200m: 2:46.19 1:26.85	400m: 5:40.98 1:27.29	600m: 8:35.76 1:27.48	800m: 11:21.49 1:19.67	
10.	TEMBE, Ines Afonso	06	Desportivo Nacional	12:24.47	266
	100m: 1:22.92 1:22.92	300m: 4:27.76 1:33.19	500m: 7:34.81 1:34.88	700m: 10:50.97 1:37.43	
	200m: 2:54.57 1:31.65	400m: 5:59.93 1:32.17	600m: 9:13.54 1:38.73	800m: 12:24.47 1:33.50	

Juvenis A, 15 anos

1.	ARAUJO, Maria Clara	05	Naval do Funchal	9:58.28	514
	100m: 1:10.35 1:10.35	300m: 3:40.52 1:15.37	500m: 6:11.20 1:16.44	700m: 8:44.30 1:16.11	
	200m: 2:25.15 1:14.80	400m: 4:54.76 1:14.24	600m: 7:28.19 1:16.99	800m: 9:58.28 1:13.98	
2.	ABREU, Maria Eduarda	05	Desportivo Nacional	11:27.76	338
	100m: 1:21.78 1:21.78	300m: 4:16.22 1:27.33	500m: 7:11.67 1:28.11	700m: 10:04.04 1:25.99	
	200m: 2:48.89 1:27.11	400m: 5:43.56 1:27.34	600m: 8:38.05 1:26.38	800m: 11:27.76 1:23.72	

Juniores, 16 e 17 anos

1.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	9:48.08	541
	100m: 1:08.74 1:08.74	300m: 3:37.31 1:14.40	500m: 6:06.31 1:14.27	700m: 8:35.42 1:14.46	
	200m: 2:22.91 1:14.17	400m: 4:52.04 1:14.73	600m: 7:20.96 1:14.65	800m: 9:48.08 1:12.66	
2.	FERREIRA, Maria Leonor	04	Desportivo Nacional	9:52.94	528
	100m: 1:10.20 1:10.20	300m: 3:40.08 1:14.70	500m: 6:09.66 1:14.86	700m: 8:39.72 1:14.80	
	200m: 2:25.38 1:15.18	400m: 4:54.80 1:14.72	600m: 7:24.92 1:15.26	800m: 9:52.94 1:13.22	
3.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	10:48.97	402
	100m: 1:14.74 1:14.74	300m: 3:59.66 1:22.80	500m: 6:43.81 1:21.56	700m: 9:29.14 1:22.69	
	200m: 2:36.86 1:22.12	400m: 5:22.25 1:22.59	600m: 8:06.45 1:22.64	800m: 10:48.97 1:19.83	
4.	OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	10:58.82	385
	100m: 1:16.47 1:16.47	300m: 4:03.83 1:23.46	500m: 6:53.06 1:24.57	700m: 9:40.65 1:24.21	
	200m: 2:40.37 1:23.90	400m: 5:28.49 1:24.66	600m: 8:16.44 1:23.38	800m: 10:58.82 1:18.17	

Prova 35, Femin., 800m Livres, Juniores, 16 e 17 anos

Lugar	Ano		Tempo final						Pts
5. LECA, Natasha Maria	03 Desportivo Nacional		11:24.74						343
	100m: 1:15.66	1:15.66	300m: 4:04.51	1:24.59	500m: 6:59.05	1:28.96	700m: 9:59.20	1:29.33	
	200m: 2:39.92	1:24.26	400m: 5:30.09	1:25.58	600m: 8:29.87	1:30.82	800m: 11:24.74	1:25.54	
6. GOUVEIA, Susana Isabel	04 Salesianos do Funchal		11:43.40						316
	100m: 1:19.83	1:19.83	300m: 4:17.05	1:28.69	500m: 7:18.21	1:30.95	700m: 10:19.70	1:31.08	
	200m: 2:48.36	1:28.53	400m: 5:47.26	1:30.21	600m: 8:48.62	1:30.41	800m: 11:43.40	1:23.70	

Seniores, 18 anos e mais velhas

1. LUIS, Jessica Santos	00 Desportivo Sao Roque		10:13.32						477
	100m: 1:12.36	1:12.36	300m: 3:48.20	1:17.88	500m: 6:24.29	1:17.65	700m: 8:58.65	1:16.85	
	200m: 2:30.32	1:17.96	400m: 5:06.64	1:18.44	600m: 7:41.80	1:17.51	800m: 10:13.32	1:14.67	
2. TELO, Carla Patricia	71 Naval do Funchal		11:49.94						307
	100m: 1:24.54	1:24.54	300m: 4:22.60	1:29.12	500m: 7:21.76	1:29.28	700m: 10:21.83	1:30.37	
	200m: 2:53.48	1:28.94	400m: 5:52.48	1:29.88	600m: 8:51.46	1:29.70	800m: 11:49.94	1:28.11	

Prova 36

Masc., 1500m Livres

Absoluto

08/03/2020 - 11:03

Resultados

Recorde Regional Absoluto	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	15:38.98	FRANCO, Paulo Fragueiro	CDN	Mealhada	25/03/2000
Recorde Regional Jun17	15:58.37	DEUS, Andre Portugal	CNF	Funchal	13/07/2019
Recorde Regional Juv A	16:31.31	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	16:30.75	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004
Recorde Regional Inf A	16:57.52	ALMEIDA, Carlos Alexandre	CDN	Funchal	13/07/2003
Recorde Regional Inf B	17:40.06	FREITAS, Tomas Miguel	CDN	Funchal	31/05/2003

TAC Nacionais Inf B: 19:06.50; Inf A: 18:12.10; Juv B: 17:43.52; Juv A: 17:16.48; Jun17: 16:57.69; Jun18: 16:52.63; Sen19: 16:28.48; 20+: 16:23.57 / TAC Zonais Inf B: 20:08.00; Inf A: 19:22.00

Pontos: FINA 2019

Lugar	Ano		Tempo final						Pts
1. NEVES, Tiago Brazao	07 Naval do Funchal		20:51.94						310
	100m: 1:22.25	1:22.25	500m: 7:05.09	1:25.73	900m: 12:35.62	1:21.70	1300m: 18:10.70	1:24.67	
	200m: 2:47.90	1:25.65	600m: 8:28.60	1:23.51	1000m: 13:58.57	1:22.95	1400m: 19:33.46	1:22.76	
	300m: 4:13.55	1:25.65	700m: 9:51.66	1:23.06	1100m: 15:22.17	1:23.60	1500m: 20:51.94	1:18.48	
	400m: 5:39.36	1:25.81	800m: 11:13.92	1:22.26	1200m: 16:46.03	1:23.86			
2. PEREIRA, Lucas Santos	07 Naval do Funchal		20:55.73						308
	100m: 1:21.07	1:21.07	500m: 7:01.18	1:24.44	900m: 12:37.38	1:23.26	1300m: 18:14.02	1:24.01	
	200m: 2:46.76	1:25.69	600m: 8:25.72	1:24.54	1000m: 14:01.63	1:24.25	1400m: 19:36.42	1:22.40	
	300m: 4:12.01	1:25.25	700m: 9:49.71	1:23.99	1100m: 15:25.70	1:24.07	1500m: 20:55.73	1:19.31	
	400m: 5:36.74	1:24.73	800m: 11:14.12	1:24.41	1200m: 16:50.01	1:24.31			
3. ALMEIDA, Joao Francisco	07 Naval do Funchal		21:14.69						294
	100m: 1:21.29	1:21.29	500m: 7:02.34	1:24.89	900m: 12:42.76	1:25.92	1300m: 18:26.92	1:25.68	
	200m: 2:46.91	1:25.62	600m: 8:27.33	1:24.99	1000m: 14:09.73	1:26.97	1400m: 19:52.78	1:25.86	
	300m: 4:12.30	1:25.39	700m: 9:50.96	1:23.63	1100m: 15:34.64	1:24.91	1500m: 21:14.69	1:21.91	
	400m: 5:37.45	1:25.15	800m: 11:16.84	1:25.88	1200m: 17:01.24	1:26.60			
4. ALVES, Diogo Basilio	07 Salesianos do Funchal		23:18.89						222
	100m: 1:27.80	1:27.80	500m: 7:47.70	1:35.42	900m: 14:06.74	1:34.68	1300m: 20:19.09	1:31.90	
	200m: 3:01.67	1:33.87	600m: 9:22.15	1:34.45	1000m: 15:40.73	1:33.99	1400m: 21:50.36	1:31.27	
	300m: 4:37.20	1:35.53	700m: 10:57.22	1:35.07	1100m: 17:13.60	1:32.87	1500m: 23:18.89	1:28.53	
	400m: 6:12.28	1:35.08	800m: 12:32.06	1:34.84	1200m: 18:47.19	1:33.59			
5. SOUSA, Simao Henrique	07 Desportivo Nacional		23:45.52						210
	100m: 1:28.54	1:28.54	500m: 7:51.23	1:36.20	900m: 14:15.75	1:35.71	1300m: 20:36.27	1:33.76	
	200m: 3:03.33	1:34.79	600m: 9:27.99	1:36.76	1000m: 15:51.83	1:36.08	1400m: 22:04.83	1:28.56	
	300m: 4:40.03	1:36.70	700m: 11:03.77	1:35.78	1100m: 17:27.51	1:35.68	1500m: 23:45.52	1:40.69	
	400m: 6:15.03	1:35.00	800m: 12:40.04	1:36.27	1200m: 19:02.51	1:35.00			

Prova 36, Masc., 1500m Livres, Infantis B, 13 anos

Lugar	Nome		Ano	Equipa				Tempo final	Pts			
6.	NUNES, Duarte Costa		07	Salesianos do Funchal				25:53.76	162			
	100m:	1:38.78	1:38.78	500m:	8:36.36	1:43.02	900m:	15:40.89	1:44.93	1300m:	22:38.61	1:42.44
	200m:	3:23.02	1:44.24	600m:	10:23.34	1:46.98	1000m:	17:27.62	1:46.73	1400m:	24:18.96	1:40.35
	300m:	5:08.08	1:45.06	700m:	12:09.71	1:46.37	1100m:	19:10.68	1:43.06	1500m:	25:53.76	1:34.80
	400m:	6:53.34	1:45.26	800m:	13:55.96	1:46.25	1200m:	20:56.17	1:45.49			

Infantis A, 14 anos

1.	GONCALVES, Martim Luis		06	Desportivo Nacional				19:06.19	405			
	<i>Minimos Campeonato Zonal - Infantis</i>											
	100m:	1:11.70	1:11.70	500m:	6:17.18	1:17.22	900m:	11:27.67	1:17.98	1300m:	16:36.78	1:17.64
	200m:	2:27.54	1:15.84	600m:	7:34.65	1:17.47	1000m:	12:44.98	1:17.31	1400m:	17:53.24	1:16.46
	300m:	3:43.76	1:16.22	700m:	8:52.53	1:17.88	1100m:	14:02.21	1:17.23	1500m:	19:06.19	1:12.95
	400m:	4:59.96	1:16.20	800m:	10:09.69	1:17.16	1200m:	15:19.14	1:16.93			
2.	FERRAZ, Luis Afonso		06	Naval do Funchal				19:09.38	401			
	<i>Minimos Campeonato Zonal - Infantis</i>											
	100m:	1:11.12	1:11.12	500m:	6:22.11	1:17.76	900m:	11:33.58	1:18.12	1300m:	16:42.34	1:16.34
	200m:	2:28.68	1:17.56	600m:	7:40.01	1:17.90	1000m:	12:51.44	1:17.86	1400m:	17:58.16	1:15.82
	300m:	3:46.61	1:17.93	700m:	8:57.31	1:17.30	1100m:	14:09.46	1:18.02	1500m:	19:09.38	1:11.22
	400m:	5:04.35	1:17.74	800m:	10:15.46	1:18.15	1200m:	15:26.00	1:16.54			
3.	ABREU, Joao Francisco		06	Naval do Funchal				19:53.71	358			
	100m:	1:12.69	1:12.69	500m:	6:28.04	1:20.15	900m:	11:50.37	1:21.40	1300m:	17:15.93	1:21.29
	200m:	2:30.38	1:17.69	600m:	7:47.81	1:19.77	1000m:	13:11.63	1:21.26	1400m:	18:35.68	1:19.75
	300m:	3:48.76	1:18.38	700m:	9:07.66	1:19.85	1100m:	14:33.76	1:22.13	1500m:	19:53.71	1:18.03
	400m:	5:07.89	1:19.13	800m:	10:28.97	1:21.31	1200m:	15:54.64	1:20.88			
4.	TEMES, Joao Caires		06	Salesianos do Funchal				23:32.89	216			
	100m:	1:30.25	1:30.25	500m:	8:02.40	1:37.73	900m:	14:30.05	1:35.70	1300m:	20:41.80	1:32.13
	200m:	3:07.16	1:36.91	600m:	9:39.36	1:36.96	1000m:	16:04.36	1:34.31	1400m:	22:10.26	1:28.46
	300m:	4:46.12	1:38.96	700m:	11:15.28	1:35.92	1100m:	17:38.53	1:34.17	1500m:	23:32.89	1:22.63
	400m:	6:24.67	1:38.55	800m:	12:54.35	1:39.07	1200m:	19:09.67	1:31.14			

Juvenis B, 15 anos

1.	DIAS, Andre Vicente		05	Desportivo Nacional				17:26.90	531			
	<i>Minimos Campeonato Nacional - JUV. e ABS.</i>											
	100m:	1:02.86	1:02.86	500m:	5:45.04	1:10.67	900m:	10:26.56	1:10.62	1300m:	15:08.48	1:10.06
	200m:	2:11.77	1:08.91	600m:	6:55.15	1:10.11	1000m:	11:36.93	1:10.37	1400m:	16:18.22	1:09.74
	300m:	3:22.58	1:10.81	700m:	8:05.49	1:10.34	1100m:	12:47.96	1:11.03	1500m:	17:26.90	1:08.68
	400m:	4:34.37	1:11.79	800m:	9:15.94	1:10.45	1200m:	13:58.42	1:10.46			
2.	NUNES, Andre Maltez		05	Desportivo Nacional				23:47.07	209			
	100m:	1:30.15	1:30.15	500m:	8:00.50	1:36.35	900m:	14:29.32	1:36.96	1300m:	20:44.14	1:32.74
	200m:	3:07.95	1:37.80	600m:	9:37.89	1:37.39	1000m:	16:03.80	1:34.48	1400m:	22:16.28	1:32.14
	300m:	4:46.04	1:38.09	700m:	11:14.55	1:36.66	1100m:	17:38.83	1:35.03	1500m:	23:47.07	1:30.79
	400m:	6:24.15	1:38.11	800m:	12:52.36	1:37.81	1200m:	19:11.40	1:32.57			

Juvenis A, 16 anos

1.	ALVES, Paulo Rodrigues		04	Desportivo Nacional				16:52.85	587			
	<i>Minimos Campeonato Nacional - JUV. e ABS.</i>											
	100m:	1:02.74	1:02.74	500m:	5:33.76	1:07.93	900m:	10:07.03	1:08.48	1300m:	14:39.70	1:07.39
	200m:	2:10.82	1:08.08	600m:	6:41.83	1:08.07	1000m:	11:15.91	1:08.88	1400m:	15:47.91	1:08.21
	300m:	3:18.54	1:07.72	700m:	7:50.26	1:08.43	1100m:	12:24.22	1:08.31	1500m:	16:52.85	1:04.94
	400m:	4:25.83	1:07.29	800m:	8:58.55	1:08.29	1200m:	13:32.31	1:08.09			
2.	AGUILAR, Luis Santos		04	Desportivo Nacional				19:01.08	410			
	100m:	1:07.48	1:07.48	500m:	6:12.69	1:16.72	900m:	11:20.94	1:17.83	1300m:	16:30.91	1:17.03
	200m:	2:24.03	1:16.55	600m:	7:29.59	1:16.90	1000m:	12:39.20	1:18.26	1400m:	17:47.15	1:16.24
	300m:	3:39.40	1:15.37	700m:	8:46.17	1:16.58	1100m:	13:56.56	1:17.36	1500m:	19:01.08	1:13.93
	400m:	4:55.97	1:16.57	800m:	10:03.11	1:16.94	1200m:	15:13.88	1:17.32			

Prova 36, Masc., 1500m Livres

Juniores, 17 e 18 anos

1. CASTRO, Martim Pereira	02	Escola O Liceu	17:44.32	505
100m: 1:03.91 1:03.91	500m: 5:45.98 1:11.28	900m: 10:32.64 1:12.24	1300m: 15:21.76 1:12.27	
200m: 2:12.97 1:09.06	600m: 6:57.24 1:11.26	1000m: 11:45.14 1:12.50	1400m: 16:34.86 1:13.10	
300m: 3:23.51 1:10.54	700m: 8:08.57 1:11.33	1100m: 12:57.69 1:12.55	1500m: 17:44.32 1:09.46	
400m: 4:34.70 1:11.19	800m: 9:20.40 1:11.83	1200m: 14:09.49 1:11.80		

Prova 37

Femin., 4 x 100m Livres

Absoluto
Resultados

08/03/2020 - 11:58

Recorde Regional Absoluto	4:03.77	Clube Naval do Funchal	CNF	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	4:06.46	Clube Naval do Funchal	CNF	Porto	04/12/2010
Recorde Regional Jun	4:10.74	Clube Desportivo Nacional	CDN	Funchal	27/07/2016
Recorde Regional Juv A	4:11.49	Clube Desportivo Nacional	CDN	Leiria	14/12/2014
Recorde Regional Juv B	4:12.63	Clube Desportivo Nacional	CDN	Tomar	15/12/2013
Recorde Regional Inf A	4:14.93	Clube Desportivo Nacional	CDN	Funchal	25/07/2013
Recorde Regional Inf B	4:41.49	Clube Naval do Funchal	CNF	Funchal	10/07/2015

TAC Zonais Inf B: 5:10.00; Inf A: 4:58.00 / TAC_estafetas Juv: 4:16.14; Jun: 4:08.82; Sen: 4:03.94

Pontos: FINA 2019

Lugar					Tempo final	Pts
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Infantis B, 12 anos

1. Desportivo Nacional 10		Desportivo Nacional	5:33.12	238
BAPTISTA, Ines Sande	37.22	1:17.61 SOARES, Leonor Silva	+0,24 40.20	1:26.79
PEREIRA, Sofia Jardim	42.03	1:29.08 ALVES, Juliana Rodrigues	+0,75 37.70	1:19.64

Infantis A, 13 anos

1. Desportivo Nacional 9		Desportivo Nacional	4:51.22	356
<i>Minimos Campeonato Zonal - Infantis</i>				
GONCALVES, Valentina Jose	+0,77 32.79	1:09.13 MATEUS, Clarisse Vieira	+0,51 36.78	1:16.35
TEMTEM, Sara Maria	+0,34 36.82	1:16.52 CAMARA, Ines Cruz	+0,30 32.19	1:09.22
2. Naval do Funchal 7		Naval do Funchal	5:01.96	319
NETO, Leonor Rodrigues	+0,64 33.59	1:09.80 FREITAS, Maria Raquel	+0,28 34.75	1:16.97
FIGUEIRA, Madalena Leonor	35.37	1:15.32 RODRIGUES, Beatriz Mendes	+0,45 37.24	1:19.87

Juvenis B, 14 anos

1. Naval do Funchal 26		Naval do Funchal	4:36.14	418
DEUS, Ines Portugal	+0,63 32.03	1:06.05 FERRO, Maria Leonor	+0,36 33.14	1:09.74
FREITAS, Beatriz Rodrigues	33.06	1:09.16 ROVERI, Isabel Vasconcelos	+0,56 33.52	1:11.19

DSQ Naval do Funchal 62 Naval do Funchal
111 - Rendi o antecipada do(a) 4 nadador(a) - SW 10.11

JARDIM, Lara Filipa	+0,71 31.78	1:07.36 ABREU, Ana Rodrigues		
SEQUEIRA, Beatriz Meneses	32.34	SOUSA, Maria Beatriz	-0,06	

Absolutos (categorias distintas)

1. Naval do Funchal 1		Naval do Funchal	4:22.50	487
NASCIMENTO, Sofia Alexandre	+0,62 30.53	1:04.12 FERNANDES, Ana Catarina	+0,14 31.07	1:05.77
GONCALVES, Maria Margarida	+0,14 30.95	1:06.28 ARAUJO, Maria Clara	+0,23 31.08	1:06.33
2. Desportivo Sao Roque 1		Desportivo Sao Roque	4:27.24	461
SOUSA, Joana Francisca	+0,70 30.75	1:04.71 LUIS, Jessica Santos	+0,55 31.44	1:06.25
SILVA, Silvana Suamade	+0,48 33.28	1:09.31 JESUS, Filipa Mafalda	+0,35 31.84	1:06.97
3. Salesianos do Funchal 1		Salesianos do Funchal	4:34.90	424
RAMOS, Barbara Emerick	+0,63 33.35	1:08.56 GOUVEIA, Susana Isabel	+0,42 34.73	1:12.27
RODRIGUES, Laura Sofia	+0,43 33.01	1:09.53 OLIVEIRA, Sara Fernandes	+0,17 30.59	1:04.54

Prova 37, Femin., 4 x 100m Livres, Absolutos (categorias distintas)

Lugar					Tempo final	Pts
4.	Salesianos do Funchal 2		Salesianos do Funchal		4:51.88	354
	FARIA, Laura Pereira	+0,76 35.36	1:14.06	PEREIRA, Joana Marques	+0,46 34.01	1:11.69
	CARICHAS, Joana Medeiros	+0,48 34.51	1:13.35	VICTOR, Joana Isabel	+0,39 35.02	1:12.78
5.	Naval do Funchal 8		Naval do Funchal		5:02.92	316
	SILVA, Carolina Pestana	+0,69 37.93	1:19.56	ANDRADE, Matilde Sousa	+0,41 35.07	1:13.39
	PEREIRA, Julia Freitas	+0,64 36.32	1:16.44	BAPTISTA, Constanca Ornelas	+0,59 34.86	1:13.53
6.	Desportivo Nacional 18		Desportivo Nacional		5:17.05	276
	SOARES, Ines Silva	+0,78 38.40	1:20.18	ANDRADE, Maria Beatriz	41.98	1:29.38
	SILVA, Maria Fabiana	+0,17 36.53	1:17.16	CANADA, Maria Elvira	+0,25 32.69	1:10.33
7.	Desportivo Nacional 17		Desportivo Nacional		5:26.88	252
	LECA, Natasha Maria	+0,69 32.50	1:08.72	ALVES, Margarida Jesus	+0,43 40.10	1:26.34
	NOBREGA, Maria Trindade	+0,68 38.16	1:20.51	RODRIGUES, Ines Costa	+0,38 42.37	1:31.31

Prova 38
08/03/2020 - 12:11

Masc., 4 x 100m Livres

Absoluto Resultados

Recorde Regional Absoluto	3:25.10	Clube Desportivo Nacional	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:25.10	Clube Desportivo Nacional	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun	3:34.51	Clube Naval do Funchal	CNF	Felgueiras	22/12/2013
Recorde Regional Juv A	3:34.94	Clube Naval do Funchal	CNF	Funchal	11/07/2014
Recorde Regional Juv B	3:46.97	Clube Naval do Funchal	CNF	Funchal	11/07/2009
Recorde Regional Inf A	3:54.59	Clube Naval do Funchal	CNF	Funchal	23/06/2007
Recorde Regional Inf B	4:12.91	Clube Naval do Funchal	CNF	Funchal	14/07/2007

TAC Zonais Inf B: 4:43.00; Inf A: 4:32.00 / TAC_estafetas Juv: 3:51.30; Jun: 3:41.67; Sen: 3:34.17

Pontos: FINA 2019

Lugar					Tempo final	Pts
Infantis B, 13 anos						
1.	Naval do Funchal 7		Naval do Funchal		4:55.39	237
	NEVES, Tiago Brazao	+0,64 33.18	1:09.40	ALMEIDA, Joao Francisco	+0,45 33.40	1:11.46
	PEREIRA, Lucas Santos	+0,53 33.75	1:10.90	CARVALHO, Joaquim Eduardo	40.41	1:23.63

Infantis A, 14 anos

1.	Naval do Funchal 6		Naval do Funchal		4:24.99	329
	<i>Minimos Campeonato Zonal - Infantis</i>					
	FERRAZ, Luis Afonso	+0,63 33.15	1:07.29	CAIRES, Joao Gomes	+0,40 33.57	1:09.65
	GARANITO, Simao Silva	+0,47 29.56	1:02.15	SILVA, Afonso Mar	+0,42 30.85	1:05.90
2.	Naval do Funchal 16		Naval do Funchal		4:30.72	309
	<i>Minimos Campeonato Zonal - Infantis</i>					
	SETIM, Joao Oliveira	+0,48 31.24	1:05.20	NACHYCHKO, Maximo	+0,57 35.49	1:14.89
	ABREU, Joao Francisco	+0,45 32.09	1:08.23	PAULOS, Joao Afonso	+0,37 29.11	1:02.40
3.	Desportivo Nacional 11		Desportivo Nacional		4:42.79	271
	MACHADO, Bernardo Magalhae	+0,69 31.00	1:05.37	ALVES, Pedro Miguel	+0,59 32.62	1:09.31
	CARREIRA, Ernani Afonso	+0,52 37.74	1:20.56	GONCALVES, Martim Luis	+0,48 31.92	1:07.55

Juvenis B, 15 anos

1.	Naval do Funchal 25		Naval do Funchal		4:03.68	423
	LEITAO, Andre Freitas	+0,67 28.69	1:00.29	SOUSA, Lourenco Quintas	+0,22 29.11	1:01.80
	VOLOZHENIM, Alexandre	+0,42 29.15	1:01.17	SILVA, Tony Stefano	+0,09 27.65	1:00.42
2.	Desportivo Nacional 13		Desportivo Nacional		5:03.13	220
	ALVES, Luis Fernandez	+0,75 31.98	1:08.47	NUNES, Andre Maltez	+0,88 38.78	1:21.56
	MENDES, Juan Diego	+0,44 34.72	1:14.54	CORREIA, Rodrigo Ramos	36.69	1:18.56

Prova 38, Masc., 4 x 100m Livres

Absolutos (categorias distintas)

1.	Naval do Funchal 1			Naval do Funchal		3:40.00	575	
	GOMES, Goncalo Camara	+0,55	26.19	55.04	ALVES, Afonso Pinto	+0,27	26.70	56.48
	AGUIAR, Joao Menezes	+0,36	26.50	55.04	SILVA, Tomas Antonio	+0,16	25.27	53.44
2.	Naval do Funchal 2			Naval do Funchal		3:46.99	524	
	FERNANDES, Diogo Henrique	+0,67	26.89	55.06	RODRIGUES, Joao Luis	+0,37	27.41	58.42
	OLIVEIRA, Pedro Freitas	+0,14	26.48	56.01	BARRY, Rafael Francisco	+0,26	27.35	57.50
3.	Salesianos do Funchal 1			Salesianos do Funchal		3:50.59	500	
	NUNES, Goncalo Almada	+0,66	28.35	59.51	RODRIGUES, Renato Correia	+0,36	26.96	57.25
	VIEIRA, Duarte Nuno	+0,06	27.83	58.78	SILVA, Joao Jesus	+0,18	25.86	55.05
4.	Desportivo Sao Roque 2			Desportivo Sao Roque		3:52.20	489	
	RODRIGUES, Pedro Reis	+0,79	26.42	54.63	VIEIRA, Emanuel Eloi	+0,40	29.73	1:02.09
	RODRIGUES, Rodrigo Reis	+0,34	27.52	58.04	LOPES, Pedro Henrique	+0,39	27.20	57.44
5.	Salesianos do Funchal 2			Salesianos do Funchal		4:13.07	378	
	PEREIRA, Jordao Abreu	+0,82	32.22	1:04.69	LEAL, Diogo Silva	+0,29	29.22	1:00.85
	SILVA, Eduardo Rodrigues	+0,27	31.89	1:07.08	MELIM, Bruno Pontes		28.62	1:00.45
6.	Salesianos do Funchal 3			Salesianos do Funchal		4:14.83	370	
	FERNANDEZ, Joao Guilherme	+0,76	32.04	1:07.58	ALVES, Tiago Pires	+0,07	29.18	1:01.67
	GOMES, Alexandre Monteiro	+0,45	30.22	1:03.29	ALVES, Afonso Pires	+0,32	29.55	1:02.29
7.	Desportivo Nacional 14			Desportivo Nacional		4:25.87	326	
	MACHADO, Tiago Magalhaes	+0,64	28.14	59.81	URDANETA, Lisandro Alberto	+0,62	32.63	1:11.71
	LUIS, Francisco Sousa	+0,35	30.33	1:04.76	KOVAL, Igor	+0,47	33.32	1:09.59
8.	Desportivo Nacional 12			Desportivo Nacional		5:09.01	207	
	ALVES, Paulo Rodrigues	+0,70	27.17	56.82	MARTINS, Tomas Rodrigo	+0,52	46.73	1:38.75
	BARBOSA, Joao Camacho	+0,42	38.40	1:20.27	SOUSA, Simao Henrique	+0,76	34.78	1:13.17
9.	Salesianos do Funchal 4			Salesianos do Funchal		5:14.32	197	
	FERNANDES, Afonso Berimbau	+0,68	37.99	1:16.91	ALVES, Diogo Basilio	+0,49	37.32	1:17.52
	FERNANDES, Afonso Freitas	+0,63	40.33	1:27.48	OLIVEIRA, Afonso Miguel	+0,25	34.51	1:12.41
10.	Desportivo Sao Roque 1			Desportivo Sao Roque		5:20.88	185	
	SMIRNOV, Dmytro	+0,82	36.00	1:16.34	GOUVEIA, Martim Jose	+0,77	38.39	1:21.75
	STEFLEA, Andre Sergio	+0,62	38.91	1:20.55	DINIS, Fernando Jose	+0,21	38.86	1:22.24